



With Guest Lecturer **Miro Kummel**,
Professor of Environmental Studies
and Science

An aerial photograph of a large, white, three-masted sailing ship with dark wood accents, moving across a vast, deep blue body of water. The water is surrounded by lush, green, forested islands and peninsulas. The sky is bright with scattered white clouds. The ship is leaving a white wake behind it.

NATURAL TREASURES OF COSTA RICA & PANAMA

Including A Daytime Transit of the
Panama Canal

Aboard the Superb 136-Guest SEA CLOUD SPIRIT

February 28 – March 13, 2027

The SEA CLOUD SPIRIT navigating in the Panama Canal

MIRO KUMMEL

Professor of Environmental Studies and
Science

Dear Colorado College alumni and friends,

We are delighted to invite you to join fellow curious travelers and **Professor Miro Kummel** on an unforgettable voyage along the shores of Costa Rica and Panama in March 2027. As a Professor of Environmental Studies and Science and a specialist in environmental change in Central America, Professor Kummel's involvement will offer invaluable perspective throughout our journey, illuminating the complex ecosystems, conservation efforts, and evolving landscapes we'll encounter and deepening our understanding of this remarkable region.

From the vibrant capital of San José to the lush reaches of the Osa Peninsula, our itinerary is shaped by the extraordinary biodiversity of Central America. In Carara National Park, walk beneath the rainforest canopy where scarlet macaws and sloths thrive in a rare ecological transition zone. In Manuel Antonio National Park, discover a remarkable conservation success story, where jungle trails lead to crescent beaches and wildlife flourishes both on land and in the surrounding seas. Crossing into Panama, we will transit the legendary Panama Canal, explore the idyllic Pearl Islands and visit the culturally rich San Blas Archipelago, home to the Indigenous Kuna people.

Our journey is made all the more special aboard the elegant SEA CLOUD SPIRIT. This magnificent three-masted sailing ship offers an intimate, private-yacht atmosphere for just 136 guests, and her gracious teak decks, sea-view dining, and serene spa and fitness spaces complement the timeless spectacle of sails unfurled by hand by the dedicated crew. Days at sea are a pleasure in themselves, filled with camaraderie, conversation, and the simple joy of watching the horizon unfold. And of course, traveling with Colorado College alumni and friends brings a spirit of connection and shared curiosity that enhances every experience.

We hope you will join us for this spectacular journey through some of the most captivating natural and cultural landscapes in the Americas.

Sincerely,



Cindy Hyman '82
Associate Vice President for Engagement



Dr. Miroslav (Miro) Kummel has led many student trips to Costa Rica to teach tropical ecology and one prior Tiger Travel alumni trip. He looks forward to exploring more of Costa Rica and Panama on this voyage. Miro received his bachelor's degree in Ecology and Evolutionary

Biology at Princeton University and earned his Ph.D. in Biology at the University of Michigan. Miro is a population ecologist whose research connects the boundaries of mathematics, biology, and climatology. His research focuses on two distinct areas of spatial ecology: (1) population dynamics in complex networks and (2) the role of climate change in ecosystem collapse and ecosystem transitions. He spends his free time birding, organic gardening, painting with watercolors, woodworking with hand tools, doing pottery, and backpacking.



Tropical beach in Manuel Antonio National Park,
Costa Rica



Torch ginger flower, Costa Rica

THE 136-GUEST SEA CLOUD SPIRIT

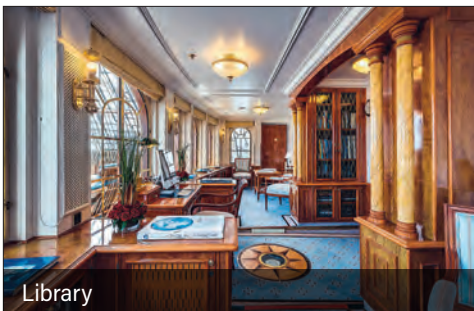
One of the World's Most Extraordinary Cruise Ships



Grand Stateroom



Lounge



Library



Restaurant



The SEA CLOUD ships are known for their fine cuisine

Built in 2021, the **SEA CLOUD SPIRIT** is undoubtedly among the world's most unique and beautiful cruise ships. Measuring 452 feet in overall length, and with a beam of 56 feet, SEA CLOUD SPIRIT is an authentic three-mast full-rigged yacht that combines the traditional aspects of ocean-going sailing ships of bygone eras with 21st-century state-of-the-art technologies and amenities. One of the most thrilling experiences aboard is to watch the skilled crew hoist by hand the ship's 28 sails, which cover a total sail area of 44,100 sq ft. When not riding the winds, the ship is powered by diesel-electric engines with low-sulfur marine diesel oil. The combination of traveling under sail and high-quality diesel oil for the engines provides one of the most sustainable cruising experiences available.

SEA CLOUD SPIRIT has 69 staterooms and suites that accommodate a maximum

of 136 guests. All are ocean viewing, spacious, and decorated in a refined and elegant style that is akin to that of classic private yachts. All feature a marble bathroom. Wood-paneled lounges and other common spaces invite relaxation, while the light-filled restaurant accommodates all guests in one open sitting and serves fine classic cuisine, accented by regional specialties and wines.

Other facilities include a spacious fitness room with panoramic ocean views, a wellness and spa center, library, boutique, Lido bar and bistro, and swim platform. An elevator serves all decks, and Wi-Fi is available in all cabins and common areas. There is ample deck space to relax, unwind and enjoy the sea views. The ship is operated by a seasoned and professional team of 85 crew members, while the ship's open bridge policy offers guests a rare opportunity to stand with the captain or officers, watching the artistry of traditional sailing in motion.

ITINERARY



Sunday, February 28, 2027

DEPART THE US/ARRIVE SAN JOSÉ, Costa Rica

Depart the US on flights for San José, capital of Costa Rica. Upon arrival, transfer to the *Hotel Grano de Oro* (or similar). Enjoy a welcome dinner this evening. (D)

Monday, March 1

SAN JOSÉ/PUNTARENAS/EMBARK

After breakfast, visit San José's excellent National Museum of Costa Rica for a comprehensive introduction to the country's history, anthropology, and archaeology. Following lunch at a local restaurant, transfer to Pacific coast Puntarenas, located on Costa Rica's protected Nicoya Peninsula, to embark SEA CLOUD SPIRIT. The ship sails in the evening for Punta Leona. (B, L, D)

Tuesday, March 2

PUNTA LEONA/CARARA NATIONAL PARK

SEA CLOUD SPIRIT arrives at Punta Leona for a visit to Carara National Park, one of Costa Rica's most biodiverse natural treasures. Carara is home to an extraordinary concentration of wildlife including two-toed sloths, anteaters, agoutis, and monkeys, along with more

than 400 avian species. Three massive suspension bridges traverse the dense canopy. (B, L, D)

Wednesday, March 3

MARINA FLAMINGO

Following the morning under sail, enjoy the afternoon and evening exploring lovely Marina Flamingo. This brand-new marina offers a wide array of attractions, including boutique shops, along with the opportunity to visit one of Costa Rica's most beautiful white-sand beaches. (B, L, D)

Thursday, March 4

PLAYA PANAMA/PALO VERDE NATIONAL PARK

From sheltered Playa Panama, explore Palo Verde National Park. This massive, vibrant oasis is a true bird-watcher's paradise: a designated wetland of international importance, that is home to over 300 species. (B, L, D)

Friday, March 5

DAY UNDER FULL SAILS

During this day at sea, watch the skilled crew climb the rigging, set



Kuna indigenous women practicing a traditional dance, San Blas Islands, Panama



Canopy walk, Costa Rica Rainforest



Panama Canal

sails, and hoist them by hand. Attend lectures, relax, and enjoy the many amenities of the SEA CLOUD SPIRIT. (B, L, D)

Saturday, March 6

QUEPOS/MANUEL ANTONIO NATIONAL PARK

Arrive in Quepos, gateway to the Manuel Antonio National Park. With eco-friendly infrastructure, a network of accessible pathways connect stunning crescent beaches and the untamed green heart of its jungle, which is home to more than 1,000 species of plants and wildlife. (B, L, D)

Sunday, March 7

PUERTO JIMÉNEZ/PIEDRAS BLANCAS RAINFOREST PARK

From Puerto Jiménez, explore the varied tropical Piedras Blancas Rainforest Park, a vital biological corridor that enables wildlife to thrive. (B, L, D)

Monday, March 8 – Tuesday March 9

TWO DAYS UNDER FULL SAILS

Delight in watching the skilled crew at work during these two full days at sea. Take in lectures, relax, and enjoy SEA CLOUD SPIRIT'S many amenities as she sails to Panama. (B, L, D)

Wednesday, March 10

PEARL ISLANDS, Panama

Arrive this morning in the Pearl Islands, located in the Bay of Panama. This lush paradise with its rich diversity of marine life and varicolored beaches has a long history that begins with the Indigenous Coclé

and Cueva people. In modern times, the island of Contadora became significant to US history as the location where President Jimmy Carter signed the Panama Canal Treaty in 1977. (B, L, D)

Thursday, March 11

PANAMA CANAL

Today brings a daytime sailing of the Panama Canal. Since its completion in 1914, this masterpiece of engineering has become one of the world's most significant commercial waterways. It links approximately 2,000 ports, handles about 5% of global maritime trade, and is the sole direct, high-volume connector between the Atlantic and Pacific Oceans. Fauna and flora abound enroute, and sightings of endemic species are likely. (B, L, D)

Friday, March 12

SAN BLAS ISLANDS

Enjoy a rare opportunity to visit the pristine coral islands of the San Blas Archipelago. Self-governed by the Indigenous Kuna people, a traditionally matrilineal society, this remote chain has eschewed mass tourism in favor of preserving ancient culture, religion, and biodiversity. A welcome ceremony performed by the Kuna is a special experience, as is the opportunity to view and purchase mola: intricate hand-stitched textiles. (B, L, D)

Saturday, March 13

COLÓN/DISEMBARK/PANAMÁ CITY/USA

After breakfast, disembark in Colón, the eastern terminus of the Panama Canal. Transfer to the international airport in Panamá City for flights homeward. (B)

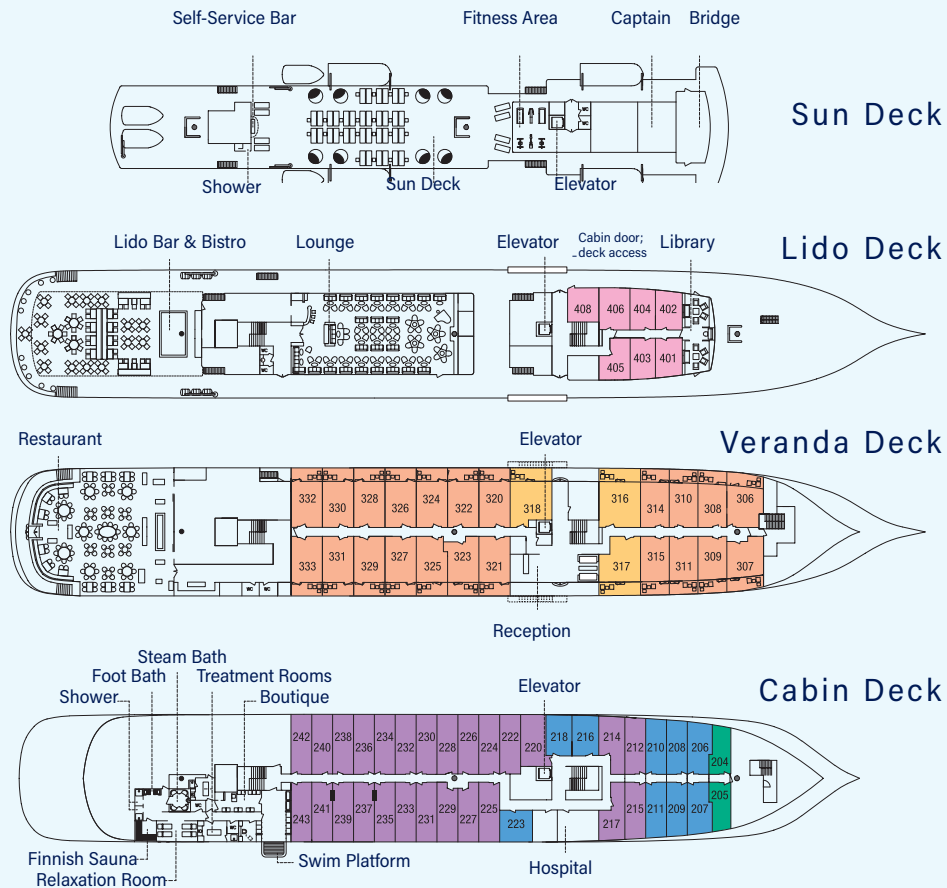


Marina Flamingo, Costa Rica



Green-winged Macaw Ara, Costa Rica

SEA CLOUD SPIRIT DECK PLAN



RATES

CATEGORY	DESCRIPTION	PER PERSON / DOUBLE OCCUPANCY
E	Oceanview Superior Staterooms with large porthole windows, marble bathroom with shower. 172-205 sq. ft.	\$ 11,990
D	Oceanview Deluxe Staterooms with large porthole windows, marble bathroom with shower. 183-226 sq. ft.	\$ 13,490
C	Oceanview Grand Staterooms with panoramic windows, marble bathroom with shower. 161-194 sq. ft.	\$ 14,490
B	Oceanview Junior Veranda Suites with panoramic windows, marble bathroom with bathtub and shower, sofa, walk-in closet, and private balcony. 205-237 sq. ft.	\$ 16,390
A	Oceanview Veranda Suites with panoramic windows, marble bathroom with bathtub and shower, sofa, walk-in closet, and private balcony. 280-301 sq. ft.	\$ 17,390

Single occupancy supplement: Category E \$ 4,990; Category D \$ 5,790; Category C \$ 10,590; Category B \$ 11,990.

Thalassa Journeys will assist travelers who are interested in sharing a stateroom.

PROGRAM INCLUSIONS

The rates are all-inclusive. There are no hidden costs and no additional charges such as shore excursions or embarkation and port charges. Other than the international airfare and expenses of a personal nature, all else is included. Specifically, the rates include:

- One night at the *Hotel Grano de Oro* (or similar) in San José, Costa Rica.
- Cruise aboard the SEA CLOUD SPIRIT, as described in the itinerary.
- Group airport/hotel/pier transfers at designated times, and handling of luggage on arrival and departure dates.
- Complete program of tours and excursions as mentioned in the itinerary with professional English speaking guides.
- Lectures and discussions with Professor Miro Kummel.
- All meals aboard the ship, with a selection of wines, beer and soft drinks during lunch and dinner.
- Welcome and farewell cocktail receptions aboard the ship hosted by the captain.
- Open bar with select alcoholic beverages.
- Coffee, including espresso and cappuccino, tea and soft drinks throughout the day and night.
- 24-hour room service.
- Gratuities to the ship's crew, guides, porters and drivers.
- 10 GB of data aboard the ship.
- The services of an experienced Thalassa Journeys Trip Director.
- All local taxes and service charges, including port and embarkation taxes.
- Complete pre-departure material.

NOT INCLUDED: International airfare; travel insurance; expenses of a personal nature; any items not mentioned in the itinerary or the above inclusions.

ACTIVITY LEVEL

Travelers can expect to walk an estimated total of 2-4 hours per day. Nature excursions may involve navigating uneven, slippery, rocky, or inclined terrain, unpaved paths, or steps without handrails. Standing may be necessary if seating is not available during excursions, and embarking/disembarking the ship and motor coaches will be necessary. Guests should also be comfortable climbing into and out of motorized Zodiacs for shore excursions, which may involve wet landings in the national parks, so sure footing and good balance are important. Conditions may be hot and humid, so appropriate clothing, sun and bug protection, and a spirit of adventure will help you get the most from this incredible voyage.

REGISTRATION

COCO 27SS-0228

Enclosed is my check or credit card no. for \$ _____ (\$ 2,000 per person) as a deposit to hold _____ place(s) on **NATURAL TREASURES OF COSTA RICA & PANAMA**, February 28 – March 13, 2027 with Colorado College. I understand that final payment is due one hundred twenty (120) days prior to departure and is payable by check or credit card. We accept Visa, Mastercard, or Discover credit cards.

For reservations, please call Thalassa Journeys at: (866) 633-3611 or email: reservations@thalassajourneys.com

or make a check payable and mail with this registration form to:

Thalassa Journeys: 8815 Conroy-Windermere Rd., Suite 406, Orlando, FL 32835

Visa

Mastercard

Discover

No. _____

Exp. _____ 3- or 4-Digit Security Code _____

PLEASE SELECT STATEROOM CATEGORY IN ORDER OF PREFERENCE

1st choice _____ 2nd choice _____ 3rd choice _____

Double Occupancy

Single Occupancy (Inquire for rates)

PREFERRED BED CONFIGURATION

Double _____ Twin _____

FIRST MIDDLE LAST (AS ON YOUR PASSPORT)

FIRST MIDDLE LAST (AS ON YOUR PASSPORT)

ADDRESS _____

Each participant must sign below: I/We have read the "General Information" section and agree to its terms.

CITY/STATE/ZIP _____

TELEPHONE (HOME) _____

(CELL) _____

SIGNATURE _____

DATE _____

EMAIL _____

SIGNATURE _____

DATE _____

GENERAL INFORMATION

PAYMENT SCHEDULE: A deposit of \$2,000 per person is required to reserve your space on the tour. Final payment is due 120 days prior to departure. Payment can be made by personal check or charged to a credit card.

CANCELLATIONS & REFUNDS: All cancellations are subject to a \$500 per person administrative fee up to 180 days prior. Cancellations received 120-60 days prior to departure will be assessed a penalty equal to 50% of the total program cost per person. Cancellations received within 59-0 days of departure are subject to 100% cancellation penalties. Requests for cancellations must be made in writing. No refunds will be made for any part of this program in which you choose not to participate. The deposit is non-refundable 179-121 days prior to departure.

INSURANCE: We strongly recommend the purchase of trip cancellation insurance, which is available for coverage of expenses in conjunction with cancellation due to illness or accident. Baggage insurance is also recommended. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement.

ITINERARY: The itinerary, accommodations and arrangements are subject to change at the discretion of Thalassa Journeys.

RESPONSIBILITY: Please read carefully the following terms and conditions, which constitute the sole, legally enforceable agreements between the traveler and Thalassa Journeys. Thalassa Journeys acts solely as agents for the traveler with respect to all transportation, hotel and other tour arrangements. In that capacity, we exercise all reasonable care possible to ensure the traveler's safety and satisfaction, but, we neither assume nor bear any responsibility or liability for any injury, death, damage, loss, accident, delay or irregularity arising in connection with the services of any ship, airplane, train, automobile, motor coach, carriage or other conveyance, or the actions of any third-party, involved in carrying the traveler or in affecting these tours. We are not responsible for damages, additional expenses, or any other losses due to cancellation, delay or other changes in air or other services, sickness, weather, strike, war, civil disturbances, acts or threats of terrorism, travel warnings or bans, termination or suspension of war risks or other carrier insurance, quarantine, acts of God or other causes beyond our control. All such losses must be borne by the traveler, and tour rates provide for arrangements only for the time stated. In the event of cancellation, delay or rescheduling mandated by any of the aforesaid causes beyond our control, the traveler shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by us, or else, receiving a refund of as much of such advance tour expenditures as we are able to recover on the traveler's behalf from carriers, third-party tour vendors, etc., but, we shall not have any obligation or liability to the traveler beyond the foregoing. We reserve the right to make alterations to the tour's itinerary and to substitute hotels, transportation methods, or lecturers if this is required. We reserve the right to cancel, delay, or reschedule any tour prior to departure, and, so long as this is not due to any of the aforesaid causes beyond our control, the traveler shall be entitled to a full refund of all monies paid to that point if he/she so desires. No refund shall be made for any unused portion of any tour. By forwarding their deposit(s), the traveler certifies that he/she and/or their dependents, minors or others covered thereby do not have any mental, physical or other condition of disability that could create a hazard for them or other travelers. We reserve the right to decline to accept or to decline to retain any person as a member of any tour should such person's health, condition or actions adversely affect or threaten the welfare or safety of other travelers or impede the tour. Baggage or valuables brought on the tour shall be transported, handled or stored at the traveler's risk entirely, and, we shall bear no liability or responsibility for any damage or other loss thereto. Resolution of any disputes arising hereunder shall be effected exclusively in the state or federal courts presiding in Florida, pursuant to applicable Florida law.

RATES: Tour costs are based upon current airfares, tariffs, and currency values. While we do everything possible to maintain the listed prices, they are subject to change.

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Join Professor Miro Kummel on **NATURAL TREASURES OF COSTA RICA & PANAMA**: Including A Daytime Transit of the Panama Canal

For Reservations and Information, Please Call **866-633-3611**
or Email: reservations@thalassajourneys.com



Squirrel monkeys, Manuel Antonio National Park, Costa Rica