

Sample Syllabi Statements

Mental Health, Title IX, Anti-Discrimination, and Equity

This document was created as part of a workshop for faculty on addressing mental health related issues within the classroom. With syllabi statements like those below, faculty can begin their course with an inclusive and supportive statement which encourages all students to access resources in a proactive way.

The Colorado College community is committed to and cares about all students. We recognize that diminished mental health, including significant stress, mood changes, excessive worry, or problems with eating and/or sleeping can interfere with optimal academic performance. The source of such symptoms can be quite varied, and include experiences of trauma (such as sexual and relationship violence, stalking, discrimination, crimes, and accidents), responses to course work, family worries, loss, personal struggle, or crisis. If you or someone you know is struggling, you can find supportive campus and community resources at <https://www.coloradocollege.edu/other/wellness/mental-health/index.html>.

As a student, you may experience a range of challenges that can interfere with learning, such as strained relationships, traumas, increased anxiety, substance use, feeling down, difficulty concentrating, and/or lack of motivation. These mental health concerns or stressful events may diminish your academic performance and/or reduce your ability to participate in daily activities. If you or someone you know is struggling, you can find supportive campus and community resources at <https://www.coloradocollege.edu/other/wellness/mental-health/index.html>. Additionally, campus policies prohibit discrimination. You can find more information about this policy and campus resources at <https://www.coloradocollege.edu/basics/welcome/leadership/policies/anti-discrimination-policy-and-procedures>.

If you or someone you know has been sexually harassed or assaulted, you can find the appropriate resources at <https://www.coloradocollege.edu/other/wellness/sarp/index.html>.

24-hour help is available through the CC Counseling Center (719-389-6093; press 2), the SARC Advocate on-call (719-602-0960), or Campus Safety (719-389-6707).

Colorado College is committed to fostering a safe, productive learning environment. Campus policies prohibit discrimination. Additionally, we recognize that experiences like these, as well as mental health concerns or other stressful events may diminish your academic performance and/or reduce your ability to participate in daily activities. If you or someone you know is struggling, you can find supportive campus and community resources at

<https://www.coloradocollege.edu/other/wellness/mental-health/index.html>. 24-hour help is available through the CC Counseling Center (719-389-6093; press 2), the SARC Advocate on-call (719-602-0960), or Campus Safety (719-389-6707). We encourage anyone experiencing sexual misconduct or discrimination to talk to someone about what happened, so that they can get the support they need and so that the College can respond appropriately. If you or someone you know has been harassed or assaulted, you can find the appropriate resources at <https://www.coloradocollege.edu/other/wellness/sarp/index.html>.

For courses with content that includes sexualized violence:

Because of the high rates of rape, sexual assault and other forms of sexual violence, there may be sexual assault survivors who are students in this class. We expect all students to discuss these issues respectfully. We recognize that class discussions may be a trigger for some survivors; please be sure to seek the support you need. If you or someone you know has been harassed or assaulted, you can find the appropriate resources at <https://www.coloradocollege.edu/other/wellness/sarp/index.html>. 24-hour help is available through the the SARC Advocate on-call (719-602-0960), CC Counseling Center (719-389-6093; press 2), or Campus Safety (719-389-6707).

In this class, the topic of sexualized violence will emerge in readings, films, and class discussions. Making personal connections with the topics studied can be a meaningful and important part of understanding the material, but please be aware of the following policy regarding confidentiality and disclosures of incidents of sexualized violence. In the event that you choose to write or speak about having survived sexualized violence, including rape, sexual assault, dating violence, domestic violence, or stalking and specify that this violence occurred while you were a CC student, federal law requires that, as your instructor, I notify the Title IX Coordinator. Supportive resources are available and effective, and so I will also contact

the confidential Sexual Assault Response Coordinator, who will follow up with you to let you know about accommodations and support services at CC, as well as about options for holding accountable the person who harmed you. If you or someone you know has been harassed or assaulted, you can find campus and community resources at <https://www.coloradocollege.edu/other/wellness/sarp/index.html>. 24-hour help is available through the SARC Advocate on-call (719-602-0960), the CC Counseling Center (719-389-6093; press 2), or Campus Safety (719-389-6707).

Resources used in the creation of this document:

University of Alaska Southeast Faculty Syllabus Statements: <https://www.uaa.alaska.edu/students/student-health-counseling-center/integrated-suicide-prevention-initiative/documents/uas-suicide-prevention-syllabus-statements-2015.pdf>

Dawisha, N. and Dawisha, K. (2014). How Syllabi Can Help Combat Sexual Assault. Chronicle of Higher Education.

Grimmett, Julliette personal communication (2015). Sample Intimate Partner Violence Syllabi Statements.

Humboldt State University Policy on Personal Writing and Disclosures of Sexualized Violence:

<http://www2.humboldt.edu/titleix/sites/default/files/Syllabus%20Statement%20final.pdf>



Wellness Resource Center