



Ritt Kellogg Memorial Fund Expedition Application - Group Application

Note, items to be attached to this application are indicated in bold text.

I. Expedition Summary

Expedition name:

Briefly describe the objective of your expedition below:

Location of expedition:

Firm expedition dates:

days in the backcountry:

Describe the wilderness character of your expedition:



II. Participant Qualifications

List expedition members, expected date of CC graduation and Wilderness First Responder or Wilderness Emergency Medical Technician certification expiration in the table below.

Expedition Member	Date of Graduation	WFR expiration date*

* If WFR training is needed, list the intended training provider and course date. Funding is not released until all expedition members show proof of WFR or WEMT.

Are all proposed expedition members experienced and/or trained to meet your expedition objectives? Yes No

NOTE: If any expedition member is deemed unqualified, funding may be denied.

Describe your team's plan to solidify technical skills prior to the start of the expedition. (The RKMf provides education grants for technical training to support CC students in planning and executing responsible wilderness expeditions. Visit www.rittkelloggfund.org for information.)

Attach the Ritt Kellogg Memorial Fund Expedition Application – Individual Questionnaire for each expedition member (includes outdoor-skills résumé, references, copies of WFR certification, copies of relevant training certification, and medical release with original signatures).

Attach the Participant Acknowledgement and Assumption of Risks & Release and Indemnity Agreement, read and signed by each applicant and their parent (even if applicant >18 years). This agreement must have the original signatures.

Attach the Expedition Agreement, read and signed by all expedition members.



III. Expedition Logistics, Gear, and Food

Describe how expedition members will travel from home to the trailhead and back again.

Attach a detailed, day-by-day itinerary, including maps, elevations, route topos, tide charts, etc., as appropriate. Don't just photocopy a guidebook, provide a discussion to demonstrate your understanding of the itinerary.

Do you have plans to re-ration during the expedition? Yes No
If "yes", describe the re-rationing plan below.

Describe how you will prevent wildlife from getting into your food.

Attach a detailed food list and show how it meets the caloric needs of the expedition.

Attach a thorough equipment list, including the detailed description of the contents of the First Aid kit.



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Are all expedition members familiar with Leave No Trace principles? Yes No
Describe how you will adapt LNT principles to meet the environment of your expedition.

Are there cultural considerations for the expedition area? Yes No
If “yes”, describe how you will address those concerns.



IV. Risk Management Plan

List the anticipated hazards of your expedition and explain how they will be evaluated, avoided and managed. Discuss the technical skills your expedition members have to handle anticipated hazards. **NOTE:** Failure to identify major hazards and how they will be managed may result in denial of funding.(Attach more pages if necessary.)



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Describe your self - evacuation plan in the event of an emergency. Discuss any technical skills your expedition members have to handle various self-evacuation scenarios. NOTE: Failure to thoroughly discuss evacuation plans may result in funding denial.

Describe any measures taken for expedition members with medical histories that warrant special preparedness.

List emergency resources available in the vicinity of your expedition (phone #s for ranger station, hospital, etc).

List emergency communication devices you will be carrying. If none, explain why.



V. Budget

Attach a detailed expedition budget and write totals in USD below. Do not round numbers up. Emergency money, supplies for first aid kits, first aid kit rental, and gear purchases are not funded. Car travel costs will be funded based on the vehicle mpg and may not include wear and tear/maintenance costs.

Transportation: _____

Food and Fuel: _____

Maps/Books: _____

Communication Rental: _____

Permits/Fees: _____

Gear Rentals: _____

Total Funding Requested (not to exceed \$1500 per applicant): _____

Describe what measures you have taken to minimize expenses.

Describe your team's plan to solidify technical skills prior to the start of the expedition.

- Hannah Trim, Mareya Becker, and Erin Bostic will recertify their WFR's by the beginning of the expedition. Available WFR recertification courses the three can take are:

Mar-01	Mar-03	Gunnison, CO WMI of NOLS
Mar-08	Mar-10	Golden, CO Ben W. Hicks
Mar-29	Mar-31	Durango, CO Scott K. Kelley
Apr-19	Apr-21	Golden, CO Ben W. Hicks
Apr-19	Apr-21	Durango, CO Scott K. Kelley
Apr-26	Apr-28	Breckenridge, CO Breckenridge Outdoor Education Center
May-10	May-12	Durango, CO Scott K. Kelley
May-10	May-12	Boulder, CO University of Colorado-Boulder
May-17	May-19	Boulder, CO University of Colorado-Boulder
May-31	Jun-02	Fort Collins, CO CSU Outdoor Program
Jun-07	Jun-09	Golden, CO Ben W. Hicks
May-17	May-19	Boulder, CO University of Colorado-Boulder
May-31	Jun-02	Fort Collins, CO CSU Outdoor Program
Jun-07	Jun-09	Golden, CO Ben W. Hicks

- The entire group will take a Rock Rescue Course with the Boulder Rock Club's Colorado Mountain School.

- We will complete many training routes and continue climbing and general exercise to prepare for the strenuousness of the trip. Some training routes will include:

- Lost in Space, Sheep's Nose, South Platte, CO (5.9 Trad, 4 pitches, III)
- Gobbler's Grunt, Turkey Rocks, South Platte, CO (5.9 Trad, 3 pitches)
- We plan to spend at least one block break in Indian Creek this semester, training on the sandstone crack climbs
- We also plan to continue our normal routine of climbing outdoors at least one

day each weekend, each weekend (weather permitting)

-Skye and Lauren will train while in Costa Rica, both in the climbing gym and outside.

-We hope to climb the Crestone Needle at the end of this coming school year, although this will depend on the weather. We plan to climb Ellingwood Ledges on the Crestone Needle, 5.7 Trad, approximately 10 pitches.

-Most importantly, we plan to spend more time this half block and throughout the coming semester practicing rescue skills in the Ritt Kellogg Climbing Gym and fine-tuning our multi-pitch technique. This will be especially helpful, as we will be able to practice with all five expedition members during half block.

Emergency Resources Available in the Vicinity of the Expedition

Shoshone National Forest (Cirque of the Towers)
Washakie Ranger District
333 East Main St.
Lander, WY 82520-3499
(307) 332-5460

Bridger-Teton National Forest (Deep Lake)
Pinedale Ranger District
29 East Fremont Lake Road
Pinedale, WY 82941
(307) 367-4326

Sublette County Sheriff Office
Sublette County, WY
(307) 367-4378

Tip Top Search and Rescue
Sublette County, WY
(307) 367-2849
(307) 360-6927

Lander Regional Hospital
1320 Bishop Randall Drive
Lander, WY 82520
Telephone: 307-332-4420
Fax: 307-332-3548

St. John's Medical Center
625 East Broadway, Jackson, WY
Main Number/Operator - 307-733-3636

Trip Itinerary

Day 1, August 9:

Total Elevation Gained: n/a

Total Miles Traveled: n/a

Estimated Time Traveling: n/a

Route: Depart Colorado Springs early in the morning by car. The drive will take about 8 hours. We will arrive at the Big Sandy Trailhead in early evening, with time to make dinner and organize our gear for departure the next morning. The Big Sandy Trailhead is located on the southwestern edge of the Wind Rivers, down a 30-40 mile dirt road.

Campsite 1: Dispersed camping is available for free along the road to the trailhead.

Day 2, August 10:

Total Elevation Gained: 960 ft.

Total Miles Traveled: 8

Estimated Time Traveling: 5-6 hours

Route: We will head NE from the Big Sandy Trailhead to Big Sandy Lake, a section of trail which is mostly flat and highly traveled (5 miles, 610 ft elevation gain). From Big Sandy Lake (Shown in Figures 1 and 2 of the appendix) we will follow the climber trail, which skirts the south shore, sticking close to the shore on slabs. We will then cross a marshy area with a small stream, heading uphill into the woods where the shore of Big Sandy Lake takes a turn hard north. From there we will follow paths through the forest and descend into a large meadow area, walking downhill to another creek and cross it on a log bridge. We will then move north to rejoin the Clear Lake Trail, which climbs steadily to the west end of Clear Lake.

Campsite 2: On the NE side of the creek running between Clear Lake and Deep Lake, to provide easier access to our first objective, Haystack Mtn. See Figure 3.

Day 3, August 11:

Total Elevation Gained: Starting elevation-10,100 ft.; Peak elevation-11,978 ft.

Total Miles Traveled: about 1

Estimated Time Traveling: 5 hours

Route: Groups 1 & 2** (The route is short enough and accessible enough that both groups can climb it in one day): Today we will attempt to climb the North Face of Haystack Mountain (II, 5.6) elevation 11,978 ft. The climb is approached from slabs on the shoulder of Haystack's North Tower. We will use the North Gully descent, which is marked with cairns and accessible from the top of this route. A 100 ft. rappel can be performed at the bottom of the gully.

Campsite 3: Return the camp on the NE end of the creek

Day 4, August 12:

Total Elevation Gained: 490 ft.

Total Miles Traveled: 1.5

Estimated Time Traveling: 1 hour

Route: Rest day. We will move camp SE down the creek as close to Deep Lake as possible for easier access to the Central Wall of Haystack Mountain, and Steeple Peak. Today we will scout the approaches to these climbs.

Campsite 4: Set up base camp along creek between Clear and Deep Lakes, as close to the Deep Lake side as possible. See Figure 3.

Day 5, August 13:

Total Elevation Gained: Starting elevation-10,600 ft.; Haystack Peak elevation-11,700 ft.; Steeple Peak elevation-11,600 ft.

Total Miles Traveled: Haystack Mtn.-about 1 total; Steeple Peak-about 3 total

Estimated Time Traveling: 6 hours

Route: Group 1: We will attempt the North Ridge of Steeple Peak (III, 5.8)

The South Ridge of Steeple Peak (II, 5.7) is also an option. Descent follows the South Ridge of Steeple Peak using rappels and down-climbing.

Group 2: Will attempt 'Railroad Tracks' on the Central Wall of Haystack Mtn. (II, 5.8).

Descent is via the Grassy Goat Trail. We will use caution when entering the bowl for the Grassy Goat Trail, and be sure to stay far enough north, where cairns can be found marking the descent. Some rappels can be performed on this descent.

Campsite 5: Return to base camp.

Day 6, August 14:

Total Elevation Gained: Starting elevation-10,600; Haystack Peak elevation-11,700; Steeple Peak elevation-11,600

Total Miles Traveled: Haystack Mtn.-about 1 total; Steeple Peak-about 3 total

Estimated Time Traveling: 6 hours

Route: Group 1 and Group 2 will swap attempted climbs from Day 5 (Steeple Peak and Central Wall of Haystack Mtn.)

More challenging options if we are feeling confident could be Minor Dihedral or Central Corners, both III, 5.9 on Haystack Mtn.

Campsite 6: Return to base camp.

Day 7, August 15:

Total Elevation Gained: 375 ft.

Total Miles Traveled: 6

Estimated Time Traveling: 5 hours

Route: Retrace our path into Deep Lake out around the East side of Clear Lake and back down to Big Sandy Lake. From Big Sandy Lake to the Cirque of the Towers, 2,100 ft of elevation are gained and 1,725 lost. The maximum elevation is 10,800 ft. At the North end of Big Sandy Lake we will find a trail marked by a sign for Jackass Pass heading north. (A view of both the Cirque of the Towers and Deep Lake area is shown in Figure 1). The trails follows around the north side of North Lake, and descends to Arrowhead Lake, where it follows a bench to the east above Arrowhead Lake and over Jackass Pass, then down towards the Cirque.

Campsite 7: Set up base camp in the meadow below the Cirque, (See Figure 5).

Day 8, August 16:

Total Elevation Gained: Starting elevation-10,400 ft; Wolf's Head Peak elevation-12,163; Pingora peak elevation-11,884

Total Miles Traveled: Wolf's Head-about 4; Pingora-about 2

Estimated Time Traveling: Pingora-4 hours; Wolf's Head-6-7 hours

Route: Group 1: Will attempt the Wolf's Head East Ridge, III, 5.6. Descent follows rappels and down-climbing to the col between Wolf's Head and Overhanging Tower, then more down-climbing and rappels to the base. (We will allow ample time for this descent).

Group 2: Will attempt the South Buttress of Pingora (II, 5.6 with possible 5.8 variation on last pitch). Rappels reverse the route.

Campsite 8: Return to base camp.

Day 9, August 17:

Total Elevation Gained: Starting elevation-10,400 ft; Wolf's Head Peak elevation-12,163 ft.; Pingora peak elevation-11,884 ft.

Total Miles Traveled: Wolf's Head-about 4; Pingora-about 2

Estimated Time Traveling: Pingora-4 hours; Wolf's Head-6-7 hours

Route: Groups 1 and 2 will swap routes from Day 8

Campsite 9: Return to base camp.

Day 10, August 18:

Total Elevation Gained: n/a

Total Miles Traveled: n/a

Estimated Time Traveling: n/a

Route: Rest day, possible day hike to Lonesome Lake.

Campsite 10: Return to base camp.

Day 11, August 19:

Total Elevation Gained: Starting elevation – 10,400 ft; Pingora Peak elevation-11,884 ft.

Total Miles Traveled: About 2

Estimated Time Traveling: 8 hours

Route: Group 1: Attempt of Pingora NE Face (IV, 5.8)

Group 2: Attempt of the Pingora East Face Left (IV, 5.7). Both of these routes follow the same rappel line as the South Buttress of Pingora.

Campsite 11: Return to base camp.

Day 12, August 20:

Total Elevation Gained: About 500 ft. lost

Total Miles Traveled: About 3

Estimated Time Traveling: 2 hours

Route: We will retrace our steps out over Jackass Pass passing Arrowhead then North Lake, before descending to Big Sandy Lake.

Campsite: Camp near Big Sandy Lake for our final night in the Winds.

Day 13, August 21:

Total Elevation Gained: -600 ft.

Total Miles Traveled: 5.2

Estimated Time Traveling: 3 hours

Route: We will follow the trail back from Big Sandy Lake to the Big Sandy Trailhead where our car is parked. Celebration will ensue following a marvelous trip.

**Since we are traveling in a group of 5, for each day of climbing we will split into a team of two and a team of three. We will assure that each team feels solid about the combination of skills in each team. To help prepare for this set-up, we will practice climbing in a team of three and also practice rescue scenarios in teams of three.

Appendix

Figure 1: The Cirque and Deep Lake Topo

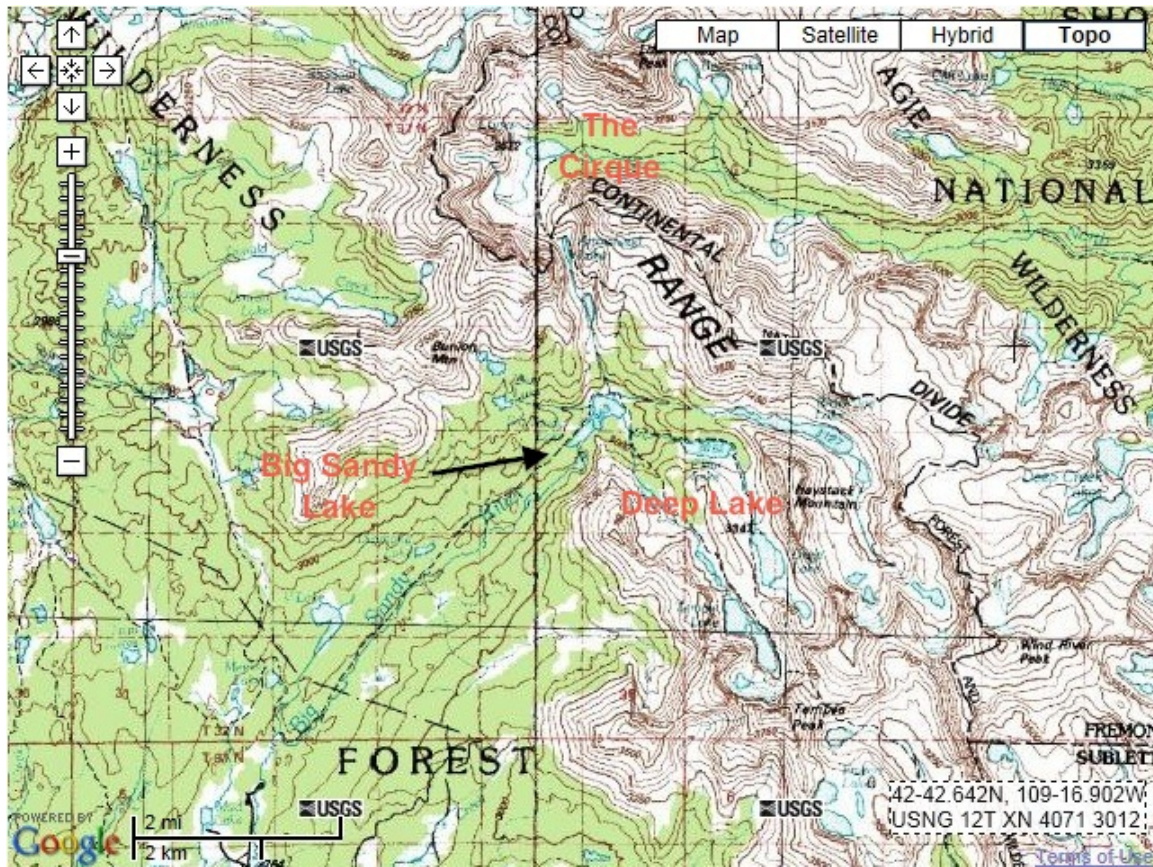


Figure 2: Big Sandy Lake Topo

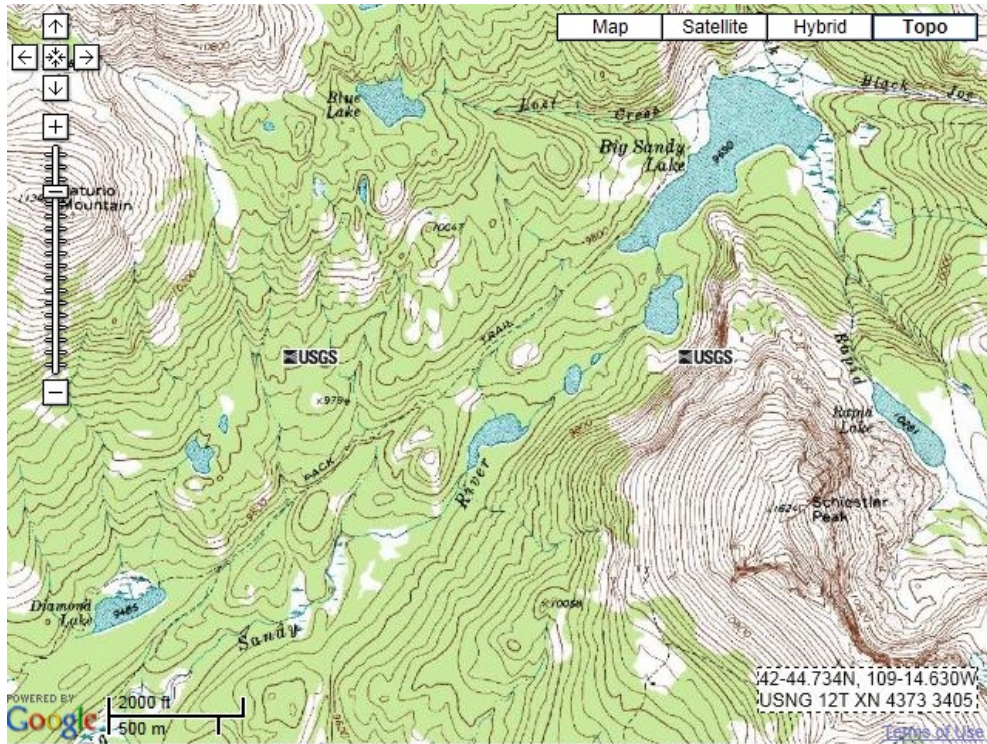


Figure 3: Deep Lake Topo

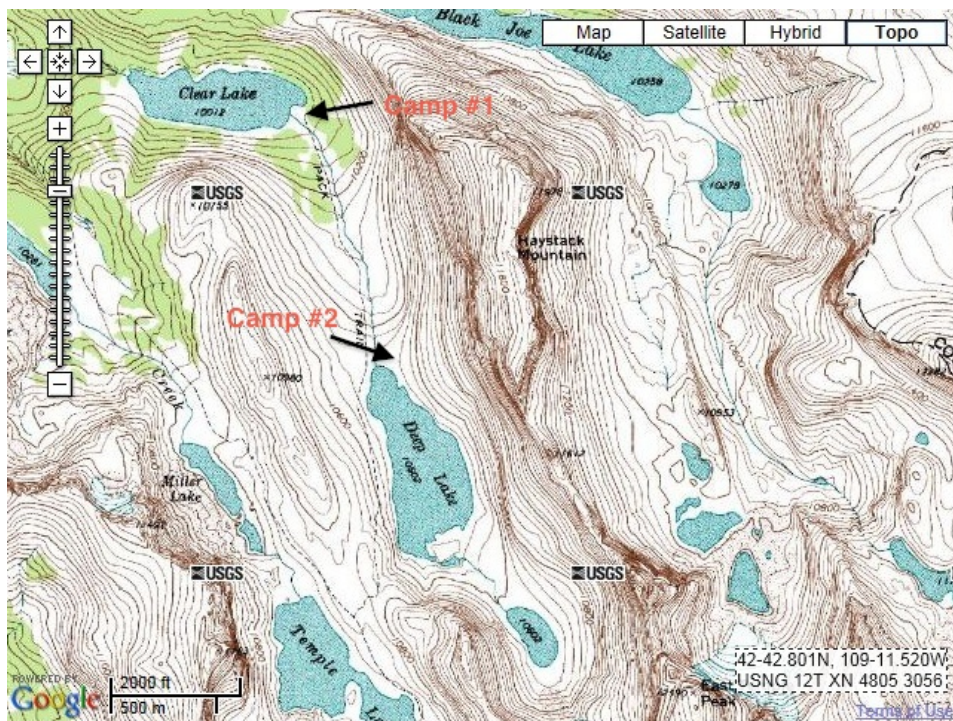


Figure 4: Deep Lake Area



Figure 5: Cirque of the Towers Topo

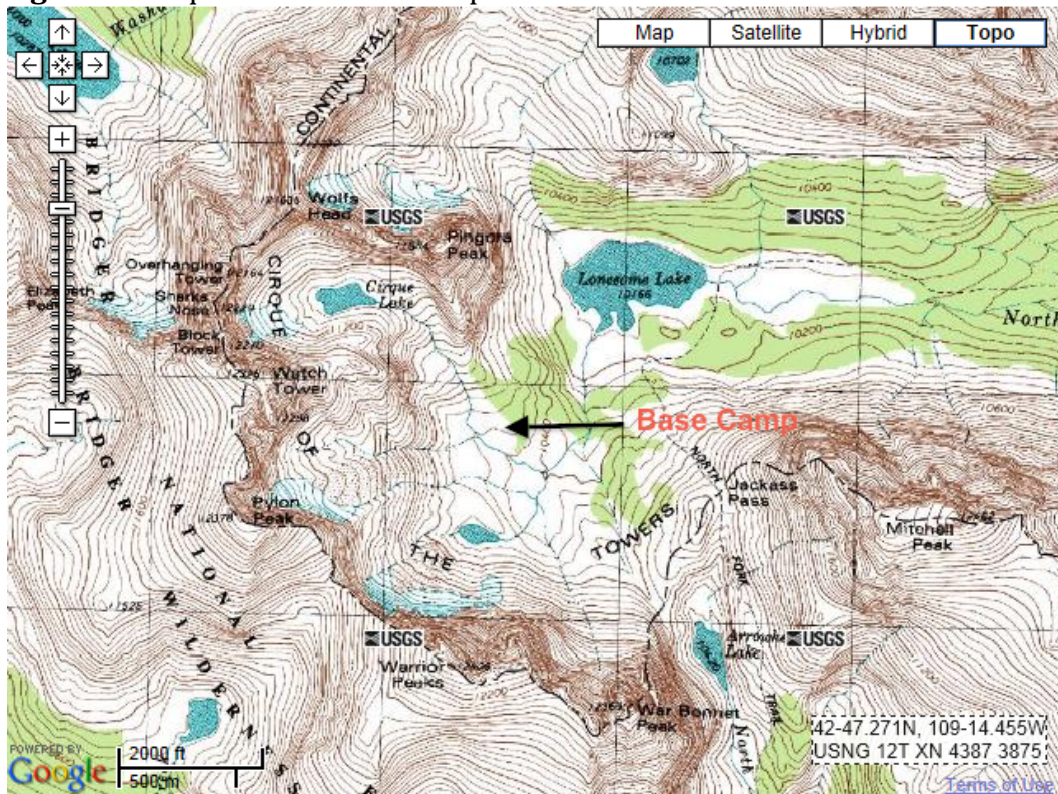


Figure 6: Cirque of the Towers



Detailed Food List

We designed the following food list so as to accommodate the various dietary restrictions of our expedition members while simultaneously accounting for high caloric and protein needs. We have included many foods high in protein and calories and we have tried to do so in the lightest way possible. Since we will be carrying climbing gear as well as normal backpacking gear, we felt that this was especially necessary.

Detailed Food List: 5 People for 13 days:

Meal:	PPPPD:	Total Poundage:
Breakfast	0.23	15.3
Lunch and Snacks	0.74	48.2
Dinner	0.39	25.5
Baking	0.07	4.5
Fresh Food	0.18	12
Total	1.61	105.5

Item:	USD Price/lb	Quantity (lbs)	USD Price/Item
Breakfast:			
Oatmeal	1.59	3	4.77
Quinoa flakes	5.29	3	15.87
Granola	4.48	2	8.96
Powdered milk	5.37	2	10.74
Pancake mix	3.52	2	7.04
Egg Powder	8.75	1	8.75
Bagels	4.79	2	9.58
Tea	47	0.3	14.1
 Lunch and Snacks:			
Mixed Nuts	8.79	5	43.95
GORP	6.8	4	27.2
Chocolate almonds	8.9	2	17.8
Raisins	3.39	1	3.39
Craisins	4.49	1	4.49
Dried apricots	6.83	1	6.83
Dried mangoes	8.39	2	16.78

Beef jerky	15	4	60
Fruit leather	19.68	0.7	13.776
Honey	4.39	0.5	2.195
Peanut butter	4.22	5	21.1
Jelly	3.19	2	6.38
Tortillas	2.15	2	4.3
Pita	3.06	2	6.12
Granola Bars	7.76	5	38.8
Cliff Bars	6.71	6	40.26
Sesame Sticks	3.79	2	7.58
Cheese	7.98	3	23.94

Dinner:

Dehydrated refries	8.2	2	16.4
Powdered soup	6.73	3	20.19
Pasta	2.89	3	8.67
Powdered pasta sauce	24	0.5	12
Couscous	3.19	2	6.38
Quinoa	4.39	2	8.78
Brown rice	2.39	2	4.78
Dried hummus	9.57	1	9.57
Dried potatoes	2.08	1	2.08
Tuna	5.74	2.5	14.35
Summer sausage	9.4	2.5	23.5
Dried veggies	15.99	1	15.99
Dried Onion	12.29	0.5	6.145
Dried Garlic	8.99	0.25	2.2475
Dried mushrooms	64	0.25	16
Dried Kale Chips	7.2	2	14.4

Baking:

Brown Sugar	1.4	0.5	0.7
Chocolate Cake mix	1.63	0.5	0.815
Spice kit	10.5	0.7	7.35
Soy sauce	3.34	0.35	1.169
Tobasco sauce	4.88	0.35	1.708
Vegetable Oil	1.06	1	1.06
Olive Oil	4.99	1	4.99
Salt/pepper	6.65	0.1	0.665

Fresh Food

Carrots	2.39	2	4.78
Onions	1.49	1	1.49
Peppers	2.99	1	2.99
Apples	1.99	3	5.97
Oranges	1.99	3	5.97
Cucumber	1.5	2	3
		Total Cost	\$648.84
		Cost PP	\$129.77
		Cost PPPD	\$9.98

Detailed Gear List

Backpacking: Individual Gear

Upper Layers

- 1 Sports Bra
- 1-2 Synthetic T-shirts
- 1 Base Layer (Long Underwear Top)
- 1 Fleece
- 1 Insulated Jacket (Puffy)
- 1 Rain Coat (Goretex)

Lower Layers

- 3 Pairs Synthetic Underwear
- 1 Base Layer (Long Underwear Bottoms)
- 1 Pair of Fleece or Insulated pants
- 1 Pair of Rain Pants
- 1 Pair of Nylon Shorts or Light Pants

Footwear

- 4-6 Pairs of Wool Hiking Socks
- 1 Pair of Heavy Duty Hiking Boots
- 1 Pair of Camp Shoes (closed-toe sneakers or cros)

Miscellaneous Clothing

- 1 Sun Hat or Baseball Cap
- 1 Fleece or Wool Hat
- 1 Pair of Fleece or Wool Gloves

Sleeping Gear

- Sleeping Bag (Synthetic is best with a rating of 20 degrees or lower)
- Sleeping Pad
- Sleeping Bag Compression Stuff Sack

Packs and Bags

- Internal Frame Pack (Volume of 5,000 to 7,000 cubic inches)
- Small Stuff Sacks (optional)
- Lightweight Daypack
- 1-2 Waterproof Bag Liners (trash compactor bags) OR Rain Cover for Backpack

Miscellaneous Items

- 1-2 Bandanas
- 1 Waterproof Watch with Alarm
- 1 Headlamp (with extra batteries)
- 1 Pair of Sunglasses
- 1 Compass with Mirror

1 Whistle
1 Camping Bowl
1 Plastic Spoon
1 Insulated Mug
1 Pocket Knife
1-2 Lighters
2-3 1-Liter Water Bottle
SPF Lip Balm
Sunscreen
Bug Spray
Hand Sanitizer
Tooth Brush/ Toothpaste

Backpacking: Group Gear

General Group Gear:

2 Tents (one two person, one three person) with two ground tarps and associated rain flies
2 MSR stoves
Whisperlite Repair Kit (We are familiar with stove repair)
Fuel Bottles with White Gas- 5 large bottles
2 Sets of USGS Map Quads Big Sandy Opening, Temple Peak, and Lizard Head Peak
Southern Wind River Hiking Map: Earthwalk Press (only one for reference)
Guide Book- Cirque of the Towers and Deep Lake: A Select Guide to the Wind Rivers'
Best Rock Climbing by Steve Bechtel
2 Cooking pots
1 Fry pan
Cooking Utensils
Two small day packs
Tent Repair Kit
Duct Tape
P-Cord
Plastic Bags/ Garbage Bags
First-aid Kit
3 Bear Canisters
13 Odor Proof Sacks
1 Can of Bear Spray
1 Trowel
Wag Bags
Water purification system: four bottles of Iodine and one packet of chlorine tablets (for variety)
2 SPOT devices (one for each team) from Lowergear.com
2 Cameras

First Aid Kit Contents:

General Supplies

Nitrile Gloves: 5 pairs

12 cc irrigation syringe: 1
Trauma shears: 1
Tweezers: 1
Biohazard stickers for bags: 3
Pencil: 2
SOAP notes: 5
Face Shield: 2
Safety Pins: 6
WFR Book: 1
Ziplock bag: 4
Emergency Blanket: 2

Drugs/Meds

Ibuprofen: 60 pills
Diphenhydramine: 30 pills
Pepto Bismol: 30 pills
Acetaminophen: 30 pills
Tincture of Benzoin: 5 ampules
Iodine towelettes: 10
Triple antibiotic ointment: 1 tube

Wound Care/Bandaging

Wet Prep Soap Sponges: 4
Antiseptic towelettes: 25
3'' conforming gauze roll: 4
3 x 3'' sterile gauze pads: 5
2 x 3'' non-adherent dressings: 3
3 x 4'' sterile gauze pads: 5
Trauma Pads: 4
Transparent Dressing: 4
Closure strips ("steri-strips"): 3 sets of 4+ strips
Ace Elastic bandage: 3
Triangular bandage: 5
2nd Skin 2 x 3 pad: 6
Band-aids: 25
Butterfly bandages: 10
Sterile Cotton Tipped Applicator: 10
1'' tape roll: 1
1.5'' Athletic tape roll: 1
Moleskin 2 x 3: 6

Climbing: Group Gear

2 of the following racks:

Singles of Camelot C4 .3-4, with Doubles of .5-3
Singles of Camelot C3 0-1

1 Set of Stoppers #4-13
Hexes 4,5,8,9
Tricams 1, 1.5, 2
3 Pieces of 20 ft 7mm Cordelette (for anchor building)
9 Locking Carabiners
6 Quickdraws
10 Alpine Draws (nylon slings each with 2 non locking carabiners)
1 9.8 or 10.2 mm 70 m Dynamic Rope (group of 3 will have 2 ropes)
2 Nut Tools
2 Rolls of Athletic Tape
1 Gri Gri with Locking Carabiner

Extra Gear (to potentially leave for rappelling purposes)

1 Set of Stoppers 4-13
6 Rappel Rings
50 ft Webbing
30 ft of 7mm Cordelette

Climbing: Individual Gear

Each Person will have the following

1 ATC Guide
1 Locking Carabiner for Belay Device
1 Helmet
1 Pair of Climbing Shoes
1 Harness
1 Chalk Bag
1 Cordelette for anchors (~16-20ft, 6-7mm)
Personal Rescue Items: Double length runner, either a prussik cord or a tiblock, knife and an extra locking carabiner

Detailed Budget

Transportation		
Gas from Colorado Springs to Big Sandy Trail Head	2 x 513 miles, Subaru gets 25 mpg, gas=3.50/gallon	143.64
Food		
Expedition Food	See Detailed Food List	648.84
Gear Rental		
Bear Canisters	Rental at REI 3x 39	117
Odor Proof Sacks	1 large and 1 small per person and 3 extra	59
Gear Rental Total		176
Maps and Books		
Topo Maps	2 sets of 3 (6 x8)	48
Southern Wind River Hiking Map: Earthwalk Press		13
Maps and Books Total		61
Communication		
SPOT 2 GPS personal tracker and locater beacon	Rent 2 devices for 21 days	158
Permit Fees		
Camping and parking permit	FREE!	
Total		1,187.48 237.50/pers on

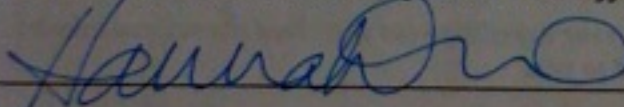
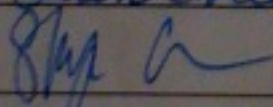
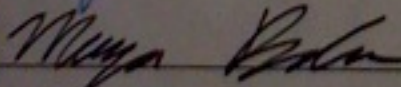
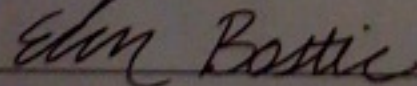


RITT KELLOGG MEMORIAL FUND - EXPEDITION AGREEMENT

We have read and adhered to the Ritt Kellogg Memorial Fund criteria to the best of our ability as reflected in our proposal. We have written as concise and thorough a proposal as possible. We have enclosed all parts requested including the following:

- "RKMFF Expedition Application - Group Application", including the following:
 - Statement on purpose of expedition
 - Plan for team to solidify technical skills prior to the expedition start
 - Day by day itinerary including maps, elevations, route topos, tide charts, etc
 - Detailed food list
 - Detailed equipment list (specifying contents of the first aid kit)
 - Leave no trace plan
 - List of hazards and associated risk management plans
 - Emergency evacuation plan (including contact info for nearby hospitals, etc
 - Itemized budget (note any cost saving efforts)
- "RKMFF Expedition Application - Individual Questionnaire" for each team member. (Includes signed medical release, outdoor-skills résumé, references, and copies of WFR certification and other relevant training.)
- "Participant Acknowledgement and Assumption of Risks & Release and Indemnity Agreement", read and signed by each applicant and their parent (even if >18 years).

I understand that if I receive a Ritt Kellogg Memorial Fund grant and I participate in a Ritt funded expedition or activity, I will be required to sign a Participant Acknowledgment and Assumption of Risks & Release and Indemnity Agreement. I acknowledge that this form is available for viewing on the forms page of www.rittkelloggfund.org.

Signed: <u></u>	Date: <u>12-18-12</u>
Signed: <u>Caren E. Helbert</u>	Date: <u>12/18/12</u>
Signed: <u></u>	Date: <u>12-18-12</u>
Signed: <u></u>	Date: <u>12-18-12</u>
Signed: <u></u>	Date: <u>12-18-12</u>
Signed: _____	Date: _____
Signed: _____	Date: _____
Signed: _____	Date: _____