

# Student Life Blockly Newsletter

## **Block 7 – April 2022**

#### Welcome to Emily Heath in the Housing Office!

#### Hello All!

My name is Emily Heath, and I am the new Room Assignment Specialist at Colorado College! I moved to Colorado Springs from Memphis, Tennessee about six months ago, and I am so excited to be at Colorado College. I have three prior years of experience working in Residence Life, and I am so excited to join the team here! I am also a big houseplant person, and I love reading books and drinking tea. I can't wait to get to know you all!

-Emily Heath, Room Assignment Specialist

**CC Audubon Club** takes a moment to enjoy some bird watching in Nebraska!





— Kimber Reese, Campus Activities Administrative Assistant

**The Speech and Debate Team** participated in the annual District Qualifier last month and six of our top performers qualified 21 events and participated in the national speech tournament held on April 2nd-5<sup>th</sup> in Lincoln, Nebraska.

Our students represented CC with competitive strength and poise: Deksyos Damtew '22, Stephen Sigman '22, and Aidan Boyd '25, ranked top 30 in the nation for Impromptu and Extemporaneous Speaking and Stephen Sigman broke into Quarter Finals with Extemporaneous Speaking. Nearly 70 schools and 1,000 students competed in the national tournament. Please give the students a warm congratulations for representing our Competitive Communications teams with Tiger Spirit last weekend!

**Participants:** Stepen Sigman '22, Deksyos Damtew '22, Isabella Nevin '25, Skye McCrimmon '25, Aidan Boyd '25, and Luke Grabe-Ortiz '25.



—Sarah Hinkle, Director of Competitive Communications

This year, for the first time since Covid commenced, The Butler Center will be holding its annual end of the year awards banquet on May 15th from 5pm – 8pm in Bemis Great Hall. This formal event is meant to honor individuals and groups across faculty, staff and students, who have significantly contributed to social change across campus. During this event we will also honor all of the new Bridge Peer Mentors who recently completed their training.

We invite you to hold the date should you like to attend. We also would like to invite you to nominate a person or group for one of the awards and share this invitation with your teams. You can access descriptions of each award here and you can find the nomination form here.

—Noble Gough, Learning Development and Outreach Coordinator for The Butler Center

#### **Kudos to Noble Gough!**

"Dear Noble thank you for the joy and excitement you bring into The Butler Center. You have been extremely helpful and motivating to the students at CC and I am extremely thankful for you and all you do. I love popping into your office and chatting. I appreciate all the support

you provide me and advice that you give. You are loved and appreciated. Thank you for all you do!" - Erin Huggins

This kudos was submitted by one of the student interns in The Butler Center. Noble does their work wonderfully and wholeheartedly!

—Flor Ramirez, Administrative Assistant for The Butler Center

### **Campus Safety Updates**

**Over break the team bonded** with the help of The Bemis School of Arts who provided painting lessons for each shift.





**Kudos to Luke Scott from Facilities** who taught six CPR and First Aid Classes over Spring Break allowing Campus safety to certify staff on each shift!

Associate Director Andreanna Trujillo practicing Infant CPR. Campus Safety Officer Kelsey Calhoun and Erin Malloy Practicing CPR.



#### Joe Shelton was honored at the 2022 Rising Star Awards!

Assistant Director Pete Zeitz, Campus Safety Officer Joe Shelton, Associate Director Andreanna Trujillo and Director Cathy Buckley attending the 2022 Rising Star Awards honoring Joe.



**Campus Safety needed to reset their radio transmitter** on the day when there was 70 mph winds. This happened to be on the roof of Armstrong Hall, so they had some amazing views!





Cathy Buckley, Director of Campus Safety

#### Free Counseling Sessions this Thursday and next, and other EAP Resources

Dear Members of the Student Life Division,

Hello, I hope this note finds you doing well. I'm writing on behalf of the Senior Leadership Team as a follow-up to the information sessions on Compassion Fatigue and Secondary Trauma held a few weeks ago by Henderson Consulting as part of our response to the Modern Think survey results. We know feedback for these sessions has been mixed. We continue to be committed to identifying ways and opportunities to support you in your wellbeing. To that end, we will be offering individual counseling sessions for members of our division.

Rather than you having to go off-campus to see a counselor, we thought it might be more convenient if we bring counselors here on campus. Henderson Consulting will provide private, one-on-one, confidential, free 50-minute sessions on two dates:

- This Thursday, April 21<sup>st</sup> from 8 AM Noon in Worner 216 (apologies for the last-minute notice as we've just gotten this confirmed!)
- Thursday, April 28<sup>th</sup> from 1-5 PM in Worner 215

Please call Henderson Consulting at 719-380-1644, identify yourself as a Colorado College employee, and they'll get you signed up for a timeslot on one of those days. If there are more folks who want to sign up than time slots available, we'll add more. Henderson Consulting will NOT report to CC the names of people who attend sessions; this is confidential. Please remember to let your supervisor know that you're taking leave if you'd like to attend; this time off is pre-approved.

In addition to Henderson Consulting, we want to remind you about other <u>EAP</u> (Employee Assistance Program) resources that are available to support mental health. EAP provides short term counseling, crisis services, and legal/financial services to benefits-eligible staff, their spouses/domestic partners, and dependent children.

We hope that counselors here on campus and other EAP resources may be valuable for some of you. If you have other ideas or concerns to share, we encourage you to reach out to your supervisor, any member of the Senior Leadership Team, or please be in touch with me.

Thank you!

Take care -best,

Rochelle and Senior Leadership Team

#### **Senior Leadership Team**

Cathy Buckley, Director of Campus Safety & Emergency Management
Edwin Hamada, Assistant VP for the Residential Experience
Ryan Hammes, Director of Outdoor Education
Amy Hill, Director of Campus Activities & Student Orientation
Sarah Hinkle, Director of Competitive Communications
Heather Horton, Senior Director of Student Health & Wellbeing
Teresa Leopold, Director of Student Support
Megan Nicklaus, Director of the Career Center
Rosalie Rodriguez, Senior Associate Dean of Students for DEI/Director of the Butler Center

Rochelle T. Dickey, Dean of Students/Vice President for Student Life

What is your department up to?

Send any department and division updates, pictures, and stories by the third week of the block to include in future newsletter publications to <a href="mailto:akolman@coloradocollege.edu">akolman@coloradocollege.edu</a>