

Winter Start Orientation Priddy Experience Packing List

Please review the following packing list carefully to ensure you have everything you need for your WSO trip and make sure to reach out with any questions or concerns!

Things to Consider:

- 1. *Packing Light:* Since all trips will be traveling off campus for their trip in 12 passenger vans and space will be extremely limited. Please pack as lightly as possible by **sticking to the packing list.**
- 2. *The Climate:* Remember that the Southwest and the Rocky Mountains are beautiful, but the weather is unpredictable! It is important to bring items to anticipate any kind of weather, especially warm clothing layers and sun protection. Expect cold, winter like day and night time temperatures and many sites may have snow on the ground.
- 3. All Winter Start Priddy Trips will be sleeping indoors but some trips will be doing their service work outdoors during the day. Please make sure to bring warm layers to be outside for long periods of time in cold temperatures.
- 4. If you see a "high five" symbol React to an item it means we've got you covered and this item is available at no cost from the Outdoor Education Program Gear House.
 - a. Please note that gearhouse equipment is limited so if you have these items already please bring them!
- 5. Where Can I Get this Equipment? If you need to acquire some of this equipment, we suggest you check at your local retail store or outdoor retail store like; Walmart, Dick's Sporting Goods, Scheel's, Eastern Mountain Sports, REI, Bass Pro Shop, etc. Online options include: backcountry.com, steepandcheap.com, etc.

The Outdoor Education program has a large quantity of sleeping bags, sleeping pads, and backpacking backpacks. We also have a limited supply of hiking boots, rain jackets, rain pants, fleece sweatshirts, and puffy jackets. Trip leaders will help make sure that all of their participants who do not have this equipment will have access to these limited items. If you already have these items please bring them with you or if you plan to get more involved with the outdoor program or do more personal trips these might be great items to invest in for your time at CC.

General Packing List:

All participants should have these items regardless of what trip type they are placed on.

Personal Items

- **Water bottle:** it is extremely important to stay hydrated, especially at higher elevations.
- □ **Personal Hygiene/Toiletries:** Make sure to bring toothpaste, toothbrush, menstruation supplies, eyeglasses, contact lenses, etc.
- Prescription Medications: make sure to pack any medications that you take on a regular basis or may potentially need! Make sure you have enough to last the trip and then some.

- □ Eating Utensils: pack something that you can eat on and eat with! Plastic bowls and utensils are recommended.
 - □ Plate or a bowl (reusable plastic food storage container works great)
 - Spoon or fork
 - Mug or thermos for warm drinks
- **Duffel/Backpack/Small Suitcase**: Something to store all of your personal gear/clothes in. This should be no larger than a carry-on sized bag.
- Journal (optional)

Footwear

- □ Closed-Toed Shoes: shoes that you are comfortable walking in and doing service work in. Work sites will require close-toed shoes.
- Socks: 2-4 pairs of socks. Make sure to include thick, warm socks to help keep your feet warm!
- Comfortable/casual shoes: bring footwear that is more comfortable to hang out in when not doing service work.

For Your Head

- Warm hat/Beanie
- Sunglasses
- Lip balm/chapstick: Dry air combined with intense sun can lead to chapped/sunburned lips.
- Face Masks

For Your Body

- □ Warm Layers: It is essential to be prepared for colder temperatures in the evening and at elevation.
 - □ Warm jacket or puffy jacket
 - □ Fleece sweatshirt or long sleeve shirt (s)
 - Long Underwear/Thermal Leggings: tight fitting layer that can be worn under your pants to help keep you warm
- □ **Rain Jacket/Hardshell Jacket:** some groups will be working outside so having a jacket to help keep the rain, snow, and wind out can be really helpful!
- □ **Pants:** 2-3 pairs of pants. One pair should be something that can get dirty and you can do work in!
- Rain/Snow Pants: These may be light ski pants or equivalent as long as they repel water and are breathable to help keep your legs dry.
- Underwear
- □ Gloves/Mittens: Snow is always a possibility and cold air temperatures are a guarantee so bring something that keeps your hands warm and dry!

Sleeping Items

- Sleeping Bag: All participants will need a sleeping bag.
 A sleeping bag that is rated between 15-30 degrees fahrenheit is recommended for most trips.
- Sleeping pad: Many sites will need a sleeping pad since some lodging sites involve sleeping on the ground.
- **Small/Travel Pillow:** a pillow can be really nice but try to keep it small and packable.
- □ Clothes to sleep in: 1 set of comfortable clothes to sleep in at night. Remember it can get chilly at night so long sleeve shirts and warm pants are recommended for most participants.



