

New Student Orientation Priddy Experience Packing List

Please review the following packing list carefully to ensure you have everything you need for your NSO trip and make sure to reach out with any questions or concerns!

Things to Consider:

- Packing Light: Since all trips will be traveling off campus for their trip in 12 passenger vans, mini vans, or buses, space will be extremely limited. Please pack as lightly as possible by <u>sticking to the packing</u> <u>list.</u>
- 2. *The Climate:* Remember that the Southwest and the Rocky Mountains are beautiful, but the weather is unpredictable! It is important to bring items to anticipate any kind of weather, especially warm clothing layers and sun protection.
- 3. If you see a "high five" Symbol next to an item, it means we've got you covered, and this item is available at no cost from the Outdoor Education Program Gear House.
 - a. Please note that gear house equipment is limited so if you have these items already, please bring them!
- 4. Where Can I Get this Equipment? If you need to acquire some of this equipment, we suggest you check at your local retail store or outdoor retail store like; Walmart, Dick's Sporting Goods, Scheel's, Eastern Mountain Sports, REI, Bass Pro Shop, etc. Online options include: backcountry.com, steepandcheap.com, etc.

The Outdoor Education program has a large quantity of sleeping bags, sleeping pads, and backpacking backpacks. We also have a limited supply of hiking boots, rain jackets, rain pants, fleece sweatshirts, and puffy jackets. Trip leaders will help make sure that all their participants who do not have this equipment will have access to these limited items. If you already have these items, please bring them with you or if you plan to get more involved with the outdoor program or want to do more personal trips these might be great items to invest in for your time at CC.

General Packing List:

All participants should have these items regardless of what trip type they are placed on.

Personal Items

- □ Water bottle: it is extremely important to stay hydrated, especially at higher elevations.
- □ **Personal Hygiene/Toiletries:** Make sure to bring toothpaste, toothbrush, menstruation supplies, eyeglasses, contact lenses, etc.
- □ **Prescription Medications:** make sure to pack any medications that you take on a regular basis or may potentially need! Make sure you have enough to last the trip and then some.
- Duffel/Backpack: Something to store all of your personal gear/clothes in. This should be no larger than a carry-on sized bag.
- **Swimsuit and Towel**: some trips will have access to hot springs or a swimming area.
- □ Small Day Pack: a small backpack that can be used for day hikes, or holding your personal items while at the work site/during the day.

Footwear

- □ **Closed-Toed Shoes:** shoes that you are comfortable walking in and doing service work in. All service sites will require closed-toed shoes.
- □ Socks: 2-4 pairs of socks
- □ **Comfortable/casual shoes:** bring footwear that is more comfortable to hang out in when not doing service work. Sandals, tennis shoes, crocs, etc. work great!

For Your Head

- □ Warm Hat/Beanie
- □ **Sun Hat:** some kind of hat that has a visor to help keep the sun off your face and neck, a simple baseball hat works great.
- Sunglasses
- □ Lip Balm/Chapstick with SPF: Dry air combined with intense sun can lead to chapped/sunburned lips.

For Your Body

- □ Warm Layers: It is essential to be prepared for colder temperatures in the evening and at elevation.
 - Warm jacket or puffy jacket
 - □ Fleece sweatshirt or long sleeve shirt(s)
- □ **Rain Jacket:** most groups will be working outside, and some will be camping outdoors so having a rain jacket or poncho will keep you dry.
- □ **Pants:** 1-2 pairs of pants. One pair should be something that can get dirty, and you can do work in!
- □ Shorts: 1-2 pairs
- □ Underwear: 2-4 pairs

Sleeping Items

- Sleeping Bag: All participants will need a sleeping bag (even if you are staying indoors). A sleeping bag that is rated between 15-30 degrees Fahrenheit is recommended for most trips.
- □ Small/Travel Pillow: a pillow can be nice but try to keep it small and packable.
- □ Clothes to sleep in: one set of comfortable clothes to sleep in at night. Remember it can get chilly, so long sleeve shirts and warm pants are recommended for most participants.

Camping List :

In addition to the General Packing List, all participants placed on a camping trip should pack the following items. 2022 NSO participants in the following groups need to pack these items:

- Blue Grama
- Mountain Dandelion
- Wild Iris
- Bearberry

Camping trip participants will be sleeping in tents provided by Outdoor Education. When camping, it is important to plan ahead and bring appropriate equipment in order to be as comfortable as possible! Please keep in mind that your trip leaders are there to help ensure that you have the appropriate equipment needed and know how to use it properly to be comfortable.

- Headlamp or Flashlight: A light source (other than your cell phone) is a must when camping.
- Sleeping Pad
- □ Rain Pants: It is important to be ready for rain so in addition to a rain jacket, rain pants are important!

For questions, please contact Outdoor Education Office at 719-389-6803, or <u>outdoored@coloradocollege.edu</u>

