As we try to cope with the recent loss of 6 Asian Americans in a shooting in Atlanta and the rise in anti-Asian hate crimes, here are some resources for you to reach out to should you need support.

Colorado College Resources

The Butler Center: <u>butlercenter@coloradocollege.edu</u>, @TheButlerCenterCC

The Butler Center Staff serve as resources to information, advisors/mentors for holistic student development, facilitators of learning, and connectors for enriching relationships. We engage CC's diverse student body through intercultural exchange and multicultural student development models. Our expertise invites expansive sharing across perceived differences, rather than narrow restrictions to perceived sameness. If you'd like to connect whether in person or virtually, please reach out! We look forward to hearing from you!

Office of Campus Activities: Amy Hill, Director, ahill@coloradocollege.edu & Antonio Soto, Postgraduate Fellow, asoto@coloradocollege.edu

The Office of Campus Activities enriches the student experience by providing a variety of involvement opportunities, free events, and activities that promote holistic student development, learning, wellness, and fun! We also provide services and support to students through our weekly food pantry and Free Stuff on Friday activity kit series.

Event Planning Support: If you have ideas about events or programs that would be a nice stress reliever, community builder, or break for the AAPI, or greater campus community, please contact us to let us know. We are happy to help support you as an individual event planner or as a leader of a student organization.

Student Organization Leader Support: Campus Activities and other student life offices are here to help support you as you lead your organization and in turn support your peers, while also managing your own emotions and reactions. If it would be helpful, please know we are more than willing to meet with your groups during your regularly scheduled activities and/or to schedule space with your organization members to help process everything that is going on; we are available, ready, and willing to help and will come to you.

Food Pantry: In addition to our other weekly events, OCA in conjunction with CCSGA sponsors the food pantry which is available to all students without question. If you have suggestions for reasonably priced and shelf stable items that you would like to see in the food pantry, please reach out and let us know. We typically do shopping runs and rotations at the following locations: Costco, Sam's, Kings Sooper, Safeway, Trader Joe's, and the Asian Pacific Market.

Campus Safety

219 E. Uintah St.
Emergency (719) 389-6911
Non-Emergency (719) 389-6707
CSPD and CSFD Emergency 911
CSPD Non-Emergency (719) 444-7000
campussafety@coloradocollege.edu

Incident Reporting

- Students are encouraged to call 911 if an incident is in progress and they don't feel safe.
- If an incident has already occurred and it was not on campus, students can call Campus Safety and campus resource officer, Sid Santos will take the report. Sid is a CSPD officer assigned to the campus and is also a CC alum.

Emergency Notifications

- Colorado College uses the RAVE application for emergency notification. The companion application is **RAVE Guardian** which can be downloaded for free on smart phones.
 - Download Rave Guardian for <u>Apple</u> or <u>Google Play</u>
- Guardian has several features:
 - o One button emergency notification as well as a notification timer.
 - You set the timer and then if you do not shut it off it notifies the selected contact.
 - The application also allows you to text in real time with campus safety.

Safe Ride: (719) 389-6707

- Colorado College provides a safe ride service for the immediate campus vicinity. The service is available to all campus community members free of charge and are available around the clock (24/7).
- Colorado College community members may call the Safe Ride Service and receive an escort up to 5 blocks away from campus.
- We offer Safe Rides to the grocery store, medical appointments, and areas around campus.
- We also provide rides if a student is not feeling comfortable or does not want to walk alone.
- We provide rides to the Asian Pacific Market upon request.
 - If you want to go to the store in a group, we ask the group be limited to members of your bubble/cohort as we try to limit exposure.
 - The van can accommodate five passengers.

Supplemental Housing Lyft Pass Program

There is a Lyft program which will allow the student to come back and forth to campus once a day Monday through Friday for those living in supplemental housing. We have had students come to campus via Lyft, ask for a ride to the grocery store and then take Lyft back to the supplemental housing. To learn more, check out the link above or contact Allison Pacheco at ajpacheco@coloradocollege.edu.

Chaplain's Office:

Chaplain Kate Holbrook, (719) 389-7986 or kholbrook@coloradocollege.edu

The Chaplain's Office fosters the life of the spirit by inviting authentic spiritual exploration and meaningful religious commitment. Supporting the human quest for identity and belonging we cultivate an education of the heart to enrich the life of the mind at CC through rituals, practices, engaged communities, and individual spiritual and pastoral care.

Counseling Center: (719) 389-6093 or counselingcenter@coloradocollege.edu

Drop In Hours with Harry Chiang, every Wednesday from 4:30 – 5:30 PM MST:

Harry is a clinical psychologist in the Counseling Center who holds weekly drop in sessions Wednesday from 4:30-5:30 PM MST at: https://coloradocollege.webex.com/meet/hchiang

Harry is also available for individual counseling sessions. If you're interested, contact the Counseling Center directly and ask to be matched with him.

Housing Department: (719) 389-6618 or housing@coloradocollege.edu

If you feel unsafe in your housing, please contact Housing immediately and they will work with you to find other options.

Pandemic-era Anti-Asian American Racism: A Psychology and Interdisciplinary Conversation, 2nd Wednesday, Apr 7, 2021 (12:00 PM MST)

Please join the Psychology Department for our Block 7 CC-SPaN (CC Society for Psychology and Neuroscience) panel on *Pandemic-era Anti-Asian American Racism: A Psychology and Interdisciplinary Conversation*. Our guest panelists are Professor Pawan Dhingra from Amherst College, Professor Diana Sanchez from Rutgers University, and Dr. Harry Chiang from CC's Counseling Center and MSU Denver, and the panel will be moderated by Professor Emily Chan.

Register in advance for this session so that Zoom will send you a link: https://coloradocollege.zoom.us/meeting/register/tJMtcO-srjsrGNTI1BJOe GQod5S4e3UcFSz

To submit questions in advance for the panelists, please <u>submit your questions on this page</u>.

List of Further Resources

Asian Americans Advancing Justice Atlanta:

- Community response: https://www.advancingjustice-atlanta.org/news/communityresponse
- Korean: https://www.advancingjustice-atlanta.org/news/communityresponse-kr
- Sign-on Statement: https://www.advancingjustice-atlanta.org/aaajcommunitystatement
- Donations for community support https://actionnetwork.org/fundraising/support-georgias-asian-american-community/
- Community Resources Offering Form:
 https://docs.google.com/forms/d/e/1FAIpQLSfYfnPRfl0twPE4TtCODbpdZ50UnY97ZMz-aYHA5HJcR-vlyQ/viewform

Coping and Self Care

- Coping with Race Related Stress:
 https://counselingcenter.illinois.edu/brochures/coping-race-related-stress
- Self Care for Asian Americans: https://www.psychologytoday.com/us/blog/healing-oppression/202103/tender-loving-self-care-asian-americans
- Asians do Therapy: https://asiansdotherapy.com/
- Black and Asian Feminist Solidarity Reading List:
 https://www.blackwomenradicals.com/blog-feed/black-and-asian-feminist-solidarities-a-reading-list
- Understanding Racial Trauma: https://www.bc.edu/bc-web/schools/lynch-school/sites/isprc/isprc-advisory-board.html
- Asian Mental Health Collective, APISAA Therapist Directory: https://www.asianmhc.org/apisaa

Engagement and Activism

- AAPI Women Lead Working to end racial and gender violence: https://www.imreadymovement.org/covid-19
- Act to Change working to address bullying, including in the Asian American and Pacific Islander (AAPI) community: https://acttochange.org/
- Asian American Justice Toolkit: https://www.asianamtoolkit.org/
- Hollaback! has a lot of resources for Active Bystanders:
 https://www.ihollaback.org/resources/ including the Show Up: Your Guide to Bystander Intervention https://www.ihollaback.org/app/uploads/2016/11/Show-Up CUPxHollaback.pdf

For Faculty, Staff, and Educators

- Combatting Anti-Asian Racism: https://www.gse.harvard.edu/news/uk/20/11/combatting-anti-asian-racism
- Speaking Up Against Racism around the Coronavirus:
 https://www.learningforjustice.org/magazine/speaking-up-against-racism-around-the-coronavirus

Gender Based Violence and AAPI communities

- Asian Pacific Institute on Gender Based Violence https://www.api-gbv.org/ their page on Culturally-Specific Community & Systems Engagement (and Advocacy: https://www.api-gbv.org/culturally-specific-advocacy/community-and-systems-engagement/) might be especially helpful for folks who are hoping to engage in advocacy work
- The National Organization of Asians and Pacific Islanders Ending Sexual Violence has a great list of recommended readings: https://napiesv.org/resource/recomended-readings/

How to be an Ally to Asian Americans

Be an Ally: How to Help Fight Anti-Asian Racism and Xenophobia
 http://www.bu.edu/articles/2021/be-an-ally-how-to-help-fight-anti-asian-racism-and-xenophobia/

The WRC <u>BADASS webpage</u> offers these recommended readings for addressing microaggressions:

- Nadal, K. (2014). A Guide to Responding to Microaggressions. CUNY FORUM 2(1), 71-76.
 https://advancingjustice-la.org/sites/default/files/ELAMICRO%20A Guide to Responding to Microaggressions.pdf
- Sue, D.W., Alsaidi, Sl, Awad, M.N., Glaeser, E., Calle, C.Z., and Mendez, N. (2019).
 Disarming Racial Microaggressions: Microintervention Strategies for Targets, White Allies, and Bystanders. *American Psychologist* 74 (1), 128-142.
 http://dx.doi.org/10.1037/amp0000296

Public Events/Workshops

- U Michigan online forum Friday, March 26, "Contextualizing Violence Against Asians Within the History of US Relational Racism." It's early (7:30-9 am pacific), FREE, NO REGISTRATION REQUIRED: https://umich.zoom.us/j/94866591981
- Red Canary Song (Asian Migrant Sex Workers) Vigil recording: https://www.pscp.tv/w/1gqxvoYBEYeKB

- Asian American Writers Workshop "Anti-Asian Violence and Black-Asian Solidarity Today" Lecture with Tamara K. Nopper, March 23, 3pm pacific: https://aaww.org/curation/anti-asian-violence-and-black-asian-solidarity-today/
- Hollaback! "Bystander intervention to stop anti-Asian/American harassment and xenophobia" training session, March 29, 12-1pm pacific: https://www.ihollaback.org/event/bystander-intervention-stop-anti-asian-american-harassment-xenophobia/
- There are multiple Hollback! trainings offered now:
 - https://www.ihollaback.org/bystanderintervention/ &
 - https://www.ihollaback.org/harassmenttraining/

Reportage and Perspectives

- Connie Wun, Ignoring the History of Anti-Asian Racism Is Another Form of Violence: https://www.elle.com/author/227672/Connie-Wun/
- Jennifer Ho's CNN Op-Ed: https://www.cnn.com/2021/03/17/opinions/to-be-an-asian-woman-in-america-ho/index.html?fbclid=lwAR2ab54o RUG-sPE08hsKLCbLQV84azhv EVkUKcQyccRPFcCEAP4qJ-42U
- NBC Asian America popular press framing: https://www.nbcnews.com/news/asian-america/racism-sexism-must-be-considered-atlanta-case-involving-killing-six-n1261347?fbclid=lwAR0-UvCioJy-tL3pN7EGzL79yg2UNa2sMSbGb4Mgf98c0CRayPtCsTRLWqo
- How Red Canary Song is advocating for migrant sex workers: https://www.papermag.com/red-canary-song-interview-2641163041.html
- Deeper than Hate: https://roarmag.org/essays/atlanta-spa-shootings-racial-violence/
- The Answer to Anti-Asian Racism is Not More Policing, Kayla Hui, Truthout, March 17, 2021: https://truthout.org/articles/the-answer-to-anti-asian-racism-is-not-more-policing/
- Stop Asian Hate: Connie Wun on Atlanta Spa Killings, Gender Violence & Spike in Anti-Asian Attacks, *Democracy Now*, March 18, 2021:
 https://www.democracynow.org/2021/3/18/atlanta_shooting_rampage_anti_asian_violence
- A Letter to My Fellow Asian Women Whose Hearts Are Still Breaking, R.O. Kwon, Vanity Fair, March 19, 2021:
 https://www.vanityfair.com/style/2021/03/ro-kwon-letter-to-asian-women
- Asian Women Are Facing a Terrifying Rise in Hate Incidents, *The Cut*, March 17, 2021 https://www.thecut.com/2021/03/asian-women-are-facing-a-terrifying-rise-in-hate-incidents.html
- Eddie Conway and Dylan Rodriguez, Real News Network, "COVID-19 Pandemic Illuminates Anti-Chinese Racism And Xenophobia" https://youtu.be/GT4ud5xXI2U

 Ju Yon Kim, "The Story Does Not Begin in Georgia: A Letter to Students About the Recent Shootings": https://www.thecrimson.com/article/2021/3/20/kim-letter-to-students/

Reporting Anti-Asian Hate Crimes

- Asian Americans Advancing Justice https://www.standagainsthatred.org/
- Asian Pacific Bar Association of Colorado https://www.apaba-colorado.org/page-18112

Statements/Sign Ons

- Red Canary Song statement: https://docs.google.com/document/d/1 Q0mFJnivTZL5fcCS7eUZn9EhOJ1XHtFBGOGqV

 aUY 8/edit
- Chinese Canadian National Council Toronto Chapter and Butterfly (Asian and Migrant Sex Workers Support Network) Sign-on statement: https://docs.google.com/forms/d/e/1FAIpQLScaF9sNT8013HB9AtmKZMzaSfl3MWabas McE3VqJy8-HhJnyw/viewform?fbzx=6522665096167094573
- Circle for Asian American Literary Studies Statement (Prof. Lo is co-chair): http://caals.org/archives/1117
- Butterfly sign-on: https://docs.google.com/forms/d/e/1FAIpQLSftvwRE2LEsfL24fvtygAHdqN8qHSjcImOhu

 AINt6cmtstQw/viewform
- Barnard BCRW statement and resources:: http://bcrw.barnard.edu/defending-asian-women-defending-sex-workers/
- UIUC AAS/GWS Statement: https://gws.illinois.edu/news/2021-03-18/aasgws-statement-anti-asian-violence

Additional Resources

- Butterfly Report on Protecting the Safety of Workers in Holistic Centres and Body Rub Parlours by Allowing Them to Lock Their Doors: https://t.co/NrVFrqyLVu?amp=1
- Carceral Feminism: The failure of sex work prohibition: https://robynmaynard.com/writing/carceral-feminism-the-failure-of-sex-work-prohibition/
- From Carceral Feminism to Transformative Justice by Mimi Kim: https://drive.google.com/file/d/1xtF 9x3G1d4JsMgaRFGU4KVgMi1Lzww1/view?usp=drivesdk
- Anti-Carceral Feminism by Mimi Kim: https://journals.sagepub.com/doi/10.1177/0886109919878276

- Revolting Prostitutes by Molly Smith and Juno Mac: https://www.versobooks.com/blogs/4114-cops-borders-and-carceral-feminists
- TransformHarm.org: https://transformharm.org
- SDSU reading list: https://docs.google.com/document/d/1IQUPe7e52Kus-8AE33xuSOuo7j1uXw6VgfP4yfMUcQ0/edit
- Black and Asian Feminist Solidarities reading list:
 https://www.blackwomenradicals.com/blog-feed/black-and-asian-feminist-solidarities-a-reading-list
- [VIDEO] "Don't be a bystander" by BCRW and Project NIA: https://www.youtube.com/watch?v=krgcbiRu0ys
- [ZINE] Asian American Feminist Care in the Time of Coronavirus:

 https://static1.squarespace.com/static/59f87d66914e6b2a2c51b657/t/5e7bbeef7811c1

 6d3a8768eb/1585168132614/AAFCZine3 CareintheTimeofCoronavirus.pdf