

Curriculum Vitae  
**TOMI-ANN ROBERTS, Ph.D.**  
**Winkler Herman Professor of Psychology**  
Department of Psychology  
Colorado College  
14 E. Cache La Poudre  
Colorado Springs, CO 80903  
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### **Education**

Ph.D. Psychology, **Stanford University**, Stanford CA, June 1990  
Dissertation title: Determinants of Gender Differences in Responsiveness to  
Others' Evaluations  
B.A. Psychology, Magna Cum Laude, Phi Beta Kappa, **Smith College**, Northampton  
MA, May 1985

### **Employment**

**Present Position:** Full Professor, Dept. of Psychology, Colorado College  
1998 - 2006, Associate Professor, Dept. of Psychology, Colorado College  
1993 - 1998, Assistant Professor, Dept. of Psychology, Colorado College  
1990 - 1993, Assistant Professor, Dept. of Psychology, Brigham Young University

### **Honors and Awards**

Winkler Herman endowed Professor of Psychology, Colorado College, 2003-present  
John D. and Catherine T. MacArthur Assistant Professorship, Colorado College,  
1995-1997.  
Colorado College Faculty Advisor of the Year Award, 1996, 1998  
Association for Women in Psychology and Division 35 of APA 1990 Student Prize for  
Psychological Research on Women and Gender  
Stanford University dissertation grant, 1990  
NIMH Traineeship, Stanford University, 1986-87, 1988-89

### **Research Interests**

Social psychology of emotion, gender, and the body; psychological consequences of the  
sexual objectification of women and girls; gender differences in self-evaluation, self-  
conscious emotions, perceptions of bodily states; philosophy of emotions; women's  
reproductive health; positive psychology.

### **Professional and Administrative Experience**

2012 – present, Chair, Feminist and Gender Studies Steering Committee, Colorado College  
2011 – present, Member, Board of Directors, Society for Menstrual Cycle Research  
2011 – present, Co-Chair, Task Force on Educating Through Feminist Research, Div. 35  
of the American Psychological Association.  
2008-2010, 2012 – present, Consultant and Advocate for *U by Kotex* educational  
campaign: <https://www.ubykotex.com/get-the-facts/meet-the-team/bio?id=50300>  
August, 2008. Member, inaugural class, Leadership Institute for Women in Psychology,  
Sponsored by the Committee on Women in Psychology of the American

Psychological Association.  
2007-2012, Director of Program in Feminist and Gender Studies, Colorado College.  
2007-2011, Chair of the Heritage Award Committee, Executive Committee member  
APA's Division 35 and the Society for the Psychology of Women.  
2007-2011 Board Member, Women's Educational Society of Colorado Springs.  
2005-2009, Member, APA Presidential Task Force on the Sexualization of Girls, see full  
report at: <http://www.apa.org/pi/wpo/sexualization.html>  
2003-2005, Chair, Women's Studies Steering Committee, Colorado College.  
2000-2002, Chair of the Department of Psychology, Colorado College.  
2000-2003, Member, Preparing Future Faculty Program consortium of CU Boulder,  
Colorado College, Yale University and Connecticut College. Grant funded by the  
APA.  
Research and Statistical Consultant, Colorado state-funded District Court project on fact-  
finding in custody cases with allegations of child sexual abuse.  
Regular Commentator for media on a variety of gender issues.  
Expert Witness on gender issues for criminal and civil cases in Colorado.  
Regular Manuscript Reviewer for *Psychological Bulletin*, *Journal of Personality and  
Social Psychology*, *Journal of Personality*, *Journal of Experimental Social  
Psychology*, *Cognition and Emotion*, *Sex Roles*, *Psychology of Women Quarterly*.

## **Publications**

### **Journal Articles**

- Kozak, M., Roberts, T-A, & Patterson, K. (in press). She stoops to conquer? How posture interacts with self-objectification and status to impact women's affect and performance. *Psychology of Women Quarterly*.
- Dunnivant, N. & Roberts, T-A (2013). Restriction and renewal, pollution and power, constraint and community: The paradoxes of religious women's attitudes toward menstruation. *Sex Roles*, 68, 121-131.
- Fredrickson, B.L., Roberts, T-A., Noll, S., O'Barr, J.F. & Hendler, L. (2011). Bringing the body back: A retrospective on the development of objectification theory. *Psychology of Women Quarterly*, 35, 689-696.
- Kozak, M., Frankenhauser, H. & Roberts, T-A. (2009). Objects of desire: Objectification as a function of male sexual orientation. *Psychology of Men and Masculinity*, 10, 225-230.
- Anderson, K., Bones, B., Robinson, B., Hass, C. Lee, H., Ford, K., Roberts, T-A., & Jacobs, B. (2009). The morphology of supragranular pyramidal neurons in the human insular cortex: A quantitative Golgi study. *Cerebral Cortex*, 19, 2131-2144.
- Roberts, T-A & Arefi-Afshar, Y. (2007). Not all who stand tall are proud: Gender differences in the proprioceptive effects of upright posture. *Cognition and Emotion*, 21, 714-727.

- Roberts, T-A & Gettman, J.Y. (2004). Mere exposure: Gender differences in the negative effects of priming a state of self-objectification. *Sex Roles, 51*, 17-27.
- Roberts, T-A. (2004). "Female Trouble:" The Menstrual Self-Evaluation Scale and women's self-objectification. *Psychology of Women Quarterly, 28*, 22-26.
- Roberts, T-A. & Waters, P.L. (2004). Self-objectification and that "Not So Fresh Feeling": Feminist therapeutic interventions for healthy female embodiment. *Women and Therapy, 27*, 5-21.
- Roberts, T-A., Goldenberg, J.L, Manly, C. & Pyszczynski, T. (2002). "Feminine Protection": The effects of menstruation on attitudes toward women. *Psychology of Women Quarterly, 26*, 131-139.
- Roberts, T-A. (2002). The woman in the body. *Feminism and Psychology, 12*, 324-329.
- Fredrickson, B.L., Roberts, T-A., Noll, S.M., Quinn, D.M., & Twenge, J.M. (1998). That swimsuit becomes you: Sex differences in self-objectification, restrained eating, and math performance. *Journal of Personality and Social Psychology, 75*, 269-285.
- Fredrickson, B.L. & Roberts, T-A. (1997). Objectification theory: Toward understanding women's lived experience and mental health risks. *Psychology of Women Quarterly, 21*, 173-206.
- Roberts, T-A. & Pennebaker, J.W. (1995). Gender differences in perceiving internal state: Towards a his and hers model of perceptual cue use. *Advances in Experimental Social Psychology, 27*, 143-175.
- Roberts, T-A. & Nolen-Hoeksema, S. (1994). Gender comparisons in responsiveness to others' evaluations in achievement situations. *Psychology of Women Quarterly, 18*, 221-240.
- Hawkins, A.J., Roberts, T-A., Christiansen, S., & Marshall, C.M. (1994). An evaluation of a program to help dual-earner couples share the second shift. *Family Relations, 43*, 213-220.
- Marshall, C.M., Heck, R., Hawkins, A.J., & Roberts, T-A. (1994). Family work and fairness: Listening to husbands in dual-earner families. *Journal of Men's Studies, 3*, 1-19.
- Pennebaker, J.W. & Roberts, T-A. (1992). Toward a his and hers theory of emotion: Gender differences in visceral perception. *Journal of Social and Clinical Psychology, 11*, 199-212.
- Hawkins, A.J. & Roberts, T-A. (1992). Designing a primary intervention to help dual-earner couples share housework and child care. *Family Relations, 41*, 169-177.
- Roberts, T-A. (1991). Gender and the influence of evaluations on self-assessments

in achievement settings. *Psychological Bulletin*, 109, 297-308.

Roberts, T-A. & Nolen-Hoeksema, S. (1989). Sex differences in reactions to evaluative feedback. *Sex Roles*, 21, 725-747.

### **Edited Book Chapters**

Goldenberg, J. L., Roberts, T-A., Morris, K. L., & Cooper, D. P. (2013). Monstrously mortal: Women's bodies, existential threat, and women's health risks. In M.K. Ryan and N.R. Branscombe (Eds) *Sage Handbook of Gender and Psychology* (pp. 397-411). Los Angeles, CA: Sage.

Roberts, T-A. & Waters, P.L. (2012). The gendered body project: Motivational components of objectification theory. In R. Ryan (Ed.), *The Oxford Handbook of Motivation*. (pp. 323-334). New York, NY: Oxford University Press.

Goldenberg, J.L. & Roberts, T-A. (2011). The birthmark: An existential account of the objectification of women. In R.M. Calogero, S.Tantleff-Dunn, & J.K. Thompson (Eds.), *Self-Objectification in women: Causes, consequences, and counteractions* (pp. 77-99). Washington, D.C.: American Psychological Association Press.

Roberts, T-A & Fredrickson, B.L. (2007). Objectification theory. In R.F. Baumeister & K.D. Vohs (Eds.), *The Encyclopedia of Social Psychology* (pp. 631-633). Los Angeles, CA: Sage Publications.

Roberts, T-A & Goldenberg, J.G. (2007). Wrestling with nature: An existential perspective on the body and gender in self-conscious emotions. In J.L. Tracy, R.W. Robins & J.P. Tangney (Eds.), *The Self-Conscious Emotions: Theory and Research*. New York: Guilford Publications, Inc.

Citrin, L. B., Roberts, T-A., & Fredrickson, B. L. (2004). Objectification Theory and emotions: A feminist psychological perspective on gendered affect. In L.Z. Tiedens & C. W. Leach (Eds.), *The Social Life of Emotion* (pp. 203-223). New York: Cambridge University Press.

Goldenberg, J.L. & Roberts, T-A. (2004). The beast within the beauty: An existential perspective on the objectification and condemnation of women. In J. Greenberg, S. L., Koole, and T. Pyszczynski (Eds.), *Handbook of Experimental Existential Psychology* (pp. 71-85), New York: Guilford.

Roberts, T-A. & Waters, P.L. (2004). Self-Objectification and that "Not So Fresh Feeling". In J. Chrisler (Ed.), *From Menarche to Menopause: The Female Body in Feminist Therapy* (pp. 5-21), New York: Haworth Press.

### **Books**

Feist, J., Feist, G. & Roberts, T-A. (2013). *Theories of Personality, 8<sup>th</sup> Ed.* New York, NY: McGraw Hill.

Zurbriggen, E. & Roberts, T-A. (2012). *The Sexualization of Girls and Girlhood: Causes, Consequences and Resistance*. New York: Oxford University Press.

Roberts, T-A. (2004). *Lanahan Readings in The Psychology of Women, 2<sup>nd</sup> Ed.* Baltimore, MD: Lanahan.

## **Presentations**

### **Invited Addresses, Lectures and Keynotes**

(May, 2011). *Laughing for no reason: Engagement and enjoyment in the workplace*. Keynote address to firm-wide meeting of RED Capital Group, Columbus, OH.

(April, 2011). *Little Bratz: The sexualization of girls and girlhood*. Keynote address for the Undergraduate Research Conference at Metropolitan State College of Denver. Denver, CO.

(December, 2010). *Fake it til you make it: Laughing for no reason*. Invited address to Denver Eclectics, Denver, CO.

(November, 2010). *The sexualization of girls and girlhood*. Invited address to Society for Multiculturalism and Diversity of the Colorado APA, Denver, CO.

(March, 2008). *The sexualization of girls and girlhood*. Invited address, University of South Florida, Tampa, FL.

(January, 2008). *Little Bratz: The sexualization of girls and girlhood*. Invited address, Trinity University, Dublin, Ireland.

(September, 2007). *The “problem” with women’s bodies: Objectification and its consequences for women in educational and work settings*. Invited address, Worcester Polytechnic Institute.

(March, 2007). *The body and gender in self-conscious emotions*. Invited address, Department of Psychology, The New School for Social Research.

(November, 2006). *Some old and some new ideas about embarrassment*. Invited address, Department of Psychology, University of Arizona.

(October, 2006). *Embarrassment: A self-conscious and gendered emotion*. Invited address, Department of Psychology, University of Chicago.

(February, 2005). *“Female Trouble”: Objectification and its consequences*. Invited address at the annual Association of Women in Psychology/APA Div. 35 Convention, Tampa, FL.

(October, 2004). *The beast within the beauty: An existential approach to understanding the objectification and condemnation of women*. Invited address to the Ernest Becker Foundation. Seattle, WA.

- (October, 2003). *Feminine protection: Menstruation, objectification and attitudes toward women*. Invited address at the International (Non)Expression of Emotions Convention, University of Tillburg, The Netherlands.
- (May, 2000). *Some psychological consequences of self-objectification, with applications to women in higher education*. Invited address, Department of Psychology and Preparing Future Faculty Program at Arizona State University.
- (November, 1998). *That swimsuit becomes you: Some psychological consequences of the objectification of women*. Invited address, Departments of Psychology, Vassar College, Poughkeepsie NY and the New School for Social Research, New York, NY.
- (October, 1998). *How am I doing? Women's self-confidence in achievement settings*. Keynote address, Professional Women in Genetics Annual Banquet, Denver, CO.
- (August, 1997). *Psychological consequences of the sexual objectification of women*. Invited address, Dept. of Psychology, University of North Carolina.
- (November, 1996). *Women's experience embodied: The consequences of the sexual objectification of women*. Invited address, Department of Psychology, University of Colorado at Colorado Springs.
- (January, 1996). *Gender differences in perceiving internal state: Why men and women "read" their bodies differently*. Invited address, Sigma Xi of Colorado, Colorado Springs, CO.
- (October, 1995). *Objectification theory: An Explanation for women's lived experience and mental health risks*. Invited address, University of Colorado at Boulder, Psychology Department, Boulder, CO.
- (March, 1995). *Changing bodies, changing selves*. Invited address, "Gender in a Coed World: Issues for Schools and Families," a regional secondary school conference, Park School, Baltimore, MD.
- (July, 1993). *Toward a his and hers model of perceptual cue use*. Invited address, Duke University, Departments of Psychology and Women's Studies.
- (April, 1993). *Gender, conflict, and emotional expressiveness: From research to helping dual-earner couples survive*. Invited address, Duke University, Departments of Psychology and Women's Studies.
- (March, 1991). *Gender and the influence of evaluations on self-assessments in achievement settings*. Invited address and 1991 dissertation prize winner for the Association for Women in Psychology National Conference, Hartford, CT.

### **Selected Peer-Reviewed Conference Presentations**

Roberts, T-A. & Duncan, L. (August, 2013). *Beyond gender and beyond difference:*

*Incorporating feminist research into the psychology classroom.* Presented at the APA Convention, Honolulu, HI.

Roberts, T-A. (August, 2011). *She stoops to conquer? How posture interacts with self-objectification and status to impact women's affect and performance.* Presented at the International Society for Research on Emotion. Kyoto, Japan.

Roberts, T-A. (June, 2011). *Selling my soul to start the conversation: Working as a U by Kotex Advocate.* Paper presented at the Society for Menstrual Cycle Research, Pittsburgh, PA.

Roberts, T-A. and Casserly, R. (January, 2010). *Like a rock: Contributions of proprioceptive and motor systems in embodied grounding.* Paper presented at Self and Identity Preconference symposium at Society for Personality and Social Psychology Convention, Las Vegas, NM.

Roberts, T-A. (August, 2009). *Laughter's Palliative Effect on Existential Death Anxiety.* Paper presented at International Society for Research on Emotion, Leuven, Belgium.

Roberts, T-A. (May, 2009). *The Impact of the Sexualization of Girls on Menstrual Experience,* Paper presented at the Society for Menstrual Cycle Research, Spokane, WA.

Roberts, T-A. (February, 2009). *Laughing to Death,* Presented at Society for Personality and Social Psychology, Tampa, FL.

Roberts, T-A. (August, 2008). *The Sexualization of Girls and Girlhood,* Paper presented at the American Psychological Association Convention: Boston, MA.

Roberts, T-A. (October, 2007). *Sexual Objectification: Antecedents and Consequences.* Paper presented at Society for Experimental Social Psychology. Chicago, IL.

Roberts, T-A. (August, 2007). *Consequences of the sexualization of girls.* Paper presented in APA Task Force symposium at American Psychological Association Convention, San Francisco, CA.

Roberts, T-A & Goldenberg, J.G. (February, 2007). *Wrestling with nature: The body and gender in self-conscious emotions.* Self and Identity Preconference symposium invited presentation at Society for Personality and Social Psychology Convention, Memphis, TN.

Roberts, T-A. (March, 2007). *Objectification and the sexualization of girls and girlhood.* Paper presented at the Association of Women in Psychology conference, SF, CA.

Roberts, T-A. (August, 2006). *Self-objectification and its consequences.* Paper presented in symposium entitled: "From Muppet Thongs to Barbie Lingerie: The

Sexualization of Girls” at the American Psychological Association Convention, New Orleans, LA.

Roberts, T-A. (March, 2005). *The beast within the beauty: An existential perspective on the objectification and condemnation of women*. Paper presented at the Association of Women in Psychology Conference, Tampa, FL.

Roberts, T-A. (October, 2002). “*Feminine Protection:*” *Menstruation, Objectification, and Attitudes Toward Women*. Paper presented at the Society for Personality and Social Psychology Convention, Columbus, OH.

Roberts, T-A. (August, 2001). *What it Feels Like for A Girl: Objectification and Its Consequences*. Paper presented at the first annual International Conference for Experimental Existential Psychology, Amsterdam, Netherlands.

Roberts, T-A. (November, 2000). *Mere “Exposure”:* *Gender differences in the negative effects of priming a state of self-objectification*. Paper presented at the Annual Society for Personality and Social Psychology Convention, San Antonio, TX.

Roberts, T-A. (March, 2000). *Female trouble: Self-objectification and attitudes toward menstruation*. Paper presented at the Annual Association for Women in Psychology (APA Div. 35) Conference, Salt Lake City, UT.

Roberts, T-A. (April, 1999). *Gender and the body: Social psychological perspectives*. Invited Discussant on panel at the Annual Midwest Psychological Association Meeting, Chicago, IL.

Roberts, T-A. & Fredrickson, B.L. (October, 1998). *That swimsuit becomes you: Sex differences in self-objectification and its Consequences*. Paper presented at the Society for Experimental Social Psychology, Lexington, KY.

Roberts, T-A. (March, 1998). *That swimsuit becomes you: Some psychological consequences of the sexual objectification of women*. Paper presented at the Association for Women in Psychology Conference, Baltimore, MD.

Roberts, T-A. (April, 1997). *Some determinants of sex differences in reactions to evaluative feedback*. Paper presented at the Society for Research on Child Development, Washington, D.C.

Roberts, T-A. & Fredrickson, B.L. (October, 1996). *Objectification, body shame, and peculiar eating among women*. Paper presented at the Society for Experimental Social Psychology, Sturbridge, MA.

Roberts, T-A. (June, 1996). *Objectification theory: Toward understanding women's subjective experience and mental health risks*. Paper presented at the Society



for the Psychological Study of Social Issues, Ann Arbor, MI.

Roberts, T-A., Hawkins, A.J. & Marshall, C. (November, 1992). *A multi-method evaluation of a program to help dual-earner couples share housework and childcare*. Presented at the National Council of Family Relations, Orlando, FL.

Roberts, T-A. (August, 1992). *Gender identity and domestic labor: Helping dual-earner couples survive*. Chaired symposium at Centennial APA Convention, Wash, DC.

### **Courses Taught**

Introduction to Psychology	Feminist Research Methodologies
Personality Theories	Women's Lifespan Development
Psychological Science of Emotions	Introduction to Feminist Studies
Psychology of Morality and Social Conflict	Gender, Mind and Body
Research Design in Psychology	Psychology of Gender
Philosophy and Psychology of Emotion	

### **Association Memberships**

American Psychological Association  
Association for Psychological Science  
Society for Personality and Social Psychology  
Society for the Psychology of Women, and APA Division 35  
International Society for Research on Emotion  
Society for Menstrual Cycle Research  
International Society for Experimental Existential Psychology  
Association for Women in Psychology  
Phi Beta Kappa (President of Colorado College Beta Chapter)  
Psi Chi National Honor Society

### **Colorado College Service**

Member, Budget Committee, 2013-present.  
Member, Faculty Executive Committee, 2011-present.  
Chair, Feminist and Gender Studies Steering Committee, 2012-present.  
Director, Feminist and Gender Studies Program, 2007 –present.  
Member, Beta Chapter of Phi Beta Kappa (President 2006– present).  
Member, Advancement Advisory Committee, 2009-2011.  
Co-Chair, Minority Concerns Committee, 2006-2008  
Member, Faculty Executive Committee, Personnel Subcommittee, 2004-2005  
Member, General Education Oversight Committee, 2004-2005  
Co-Chair, Curriculum Committee, 2003-2004  
Chair, Women's Studies Steering Committee, 2003-2004  
Co-Chair, Women's Concerns Committee, 2000-2002  
Co-Chair, Children's Center Oversight Committee, 1994-1998  
Faculty Advisor, Student Conduct Committee, 1994-1996  
Co-Chair of IRB (Human Subjects Review Board), 1997-1998

Member, Women's Concerns Committee, 1997-1999  
Member, Diversity Council, 1998-2003  
Member, Women's Studies Steering Committee, 1999-2004