PEEPs
Prevention Education and Empowerment for Peers
Peer Health Educator Description

PEEPs Health Educators are CC students who are committed to promoting the health and wellness of the campus community. They empower their peers to make well-informed decisions by serving as role models, providing referrals to on- and off-campus resources, and creating and conducting innovative educational programs. Peer Health Educators receive training in the foundations of public health, facilitating dynamic, interactive and educational outreach activities, as well as foundations in campus health content areas including alcohol and other drugs, sexual health, physical activity, nutrition, body image, financial literacy, sleep and stress management.

What do PEEPs Health Educators Do?

- Work collaboratively with professional health promotion staff to create and implement innovative health and wellness programming.
- Serve as a health information resource and provide referrals for students to on- and off-campus resources.
- Work collaboratively with other departments and student organizations.
- Present workshops.
- Participate in weekly meetings.
- Participate in training and continuing education opportunities.
- The Peer Health Educator Program is advised by the Director of the Wellness Resource Center and represents the Center in their work.

Time Commitment:

Being a PEEPs Health Educator does require a substantial commitment of time and energy. All Peer Health Educators commit to completing 12 hours of Basic health educator training which culminates in becoming a Certified Peer Educator (through the nationally recognized BACCHUs Network), as well as ongoing training on topics such as alcohol and drugs, sexual health, physical activity, nutrition, body image, financial literacy, sleep and stress management.

- Attending 2 Saturday trainings (2nd Saturdays of Blocks 2 & 3).
- Attending weekly Wednesday meetings (4-6pm).
- Conducting workshops and educational programming.
- Volunteering for a minimum of one academic year.

Benefits:

Gain knowledge about a wide variety of health topics.
Be part of a highly skilled, diverse group of students committed to promoting health and wellness.
Develop teaching, presentation, communication and group facilitation skills.
Peer Health Educator Position Description

Develop leadership, collaboration and organization skills, and be recognized as a student leader and role model on campus.
Become a certified peer educator with national recognition.
Gain experience for professional development and/or graduate school.
Have an opportunity to contribute significantly to the health and wellness of the campus community.

Qualifications:

- Minimum 2.5 GPA
- No significant conduct violations
- Commitment to proactively addressing health issues relevant to college students (including but not limited to: alcohol, tobacco and other drugs; sexual and reproductive health; sexual assault, dating violence, and stalking; stress; mental health/illness; sleep; nutrition; eating disorders and body image; financial literacy).
- Excellent communication skills.
- Ability to work as part of a team, as well as being a “self-starter.”
- Excellent time management skills.
- Dependability and responsibility.
- Positive work ethic.
- Enthusiasm for learning, willingness to ask questions and say “I don’t know.”
- Commitment to a healthy, engaged and inclusive campus community.
- Previous experience with leadership, presentations, event planning and/or public health is a plus, but not a requirement.