Follow the flowchart to decide on what your first physics class at CC should be

Remember that Physics 141, 142, 241 require either Math 125 or 126
Physics 242 also requires Math 129

Do you intend to major in physics?

no

Does your major require 241?

no

Did you take AP or IB Physics in high school?

no

IB

AP

241

If you got a 7 in HL Physics then talk to a professor otherwise 141.

no

If you got a 7 in HL Physics then talk to a professor otherwise take 241.

If you got a 5 in C Mechanics then take 242 otherwise take 241.

Yes

Did you take AP or IB Physics in high school?

IB

AP

141

If you got a 4 or 5 in Physics 1 -> 142
4 or 5 in Physics B -> 142
4 or 5 in C Mechanics -> 142
All else -> 141

But I got credit for high school physics classes. Does that not matter?

Credits means something for your standing with the registrar, but it has nothing to do with placement in physics classes.
Talk to the registrar's office about credits from high school, but follow the flow chart for classes.

I'm a transfer.

Talk to a professor if you have taken physics at another institution. Otherwise follow the flow chart.

I got a 5 on AP C Electricity and Magnetism.

AP C E&M doesn't cover many important topics and lack important labs, hence going into Modern Physics PC251 would be very difficult. But you can always talk to a professor about it.

I want a taste of physics before I choose 141 or 241, or I need an interesting lab credit.

We have plenty of 100-level classes, adjuncts and half-blocks that will give you a taste of physics at CC. For example PC122 Cosmology and Place in the American Southwest, PC129 Acoustics, PC133 Astronomy, PC135 Meteorology and many more. Just look in the course catalogue.